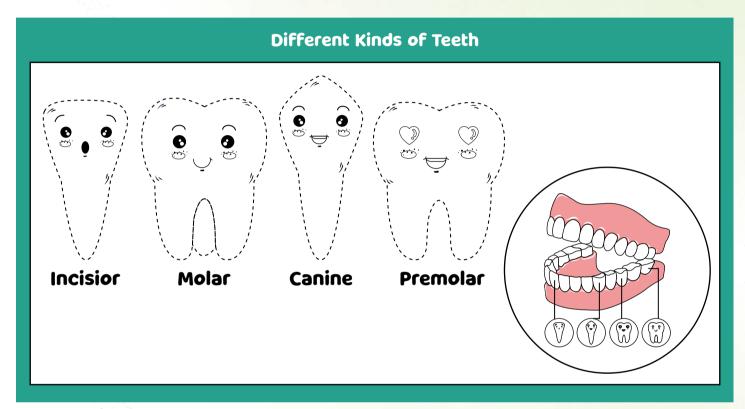
## TRACE AND COLOUR

Early education on dental health is an essential first step to life-long healthy teeth. Help your toddler understand the importance of dental care with this simple Trace and Colour exercise! Have some colour pencils ready and you are good to go.

Let your toddler trace the pictures and colour them in! These pictures will serve as a useful guide in learning. Explain to your little one the different types of teeth; highlight healthy dental practices like brushing, guide your little one to protect those pearly whites!



## Remember to Brush Your Teeth Twice a Day

