

Poorly controlled diabetes can lead to foot complications



Nerve damage (neuropathy)

- Uncontrolled blood sugar levels damage nerves over time leading to decreased foot sensation and deformity, e.g., mid-foot collapse, toe deformities, extremely arched foot
- Decreased foot sensation, deformity, and improper or inadequate footwear increase risk of calluses and ulcers (wounds)



Poor blood circulation (vasculopathy)

- Extremely poor blood circulation (vasculopathy) can cause problems in your extremities (hands or feet) such as cell death, tissue damage or infections
- Surgeries such as angioplasty (unblocking blood vessels), removal of damaged tissue or amputation may be required