

CAREGIVER SENSITIVITY IS IMPORTANT FOR CHILDREN'S DEVELOPMENT

Based on an <u>Evidence Insight</u> by the Centre for Holistic Initiatives for Learning and Development (CHILD), when caregivers provide sensitive caregiving, they understand, react and respond to children's behavioural cues, particularly when the child is distressed.



Sensitive caregiving provides a child with:

More confidence and a secure sense of self. A strong self-identity and the self control to regulate responses in various situations, as well as better social skills – leading to stronger relationships with others.

Longer-term positive outcomes relating to memory and cognitive functions. More opportunities to interact and communicate, improving language development.



Discover more resources on parenting at Parent Hub! https://go.gov.sg/info-ph-24 This information was adapted from Centre for Holistic Initiatives for Learning and Development (CHILD) (Aug, 2023). The Importance of Caregiver Sensitivity for Children's Development. https://thechild.sg/resources-publications/