

### IMPORTANT NOTICE

- 1) Download the Healthy365 mobile app to check session availability and book your session
- 2) Sessions are subjected to change, kindly refer to H365 for the updated sessions
- 3) Active Family Programme (AFP) are for children aged 6 to 12 years old only
- 4) For enquires, please contact Team Axis Pte Ltd @ 93843328 (10pm to 6am)

Activity	Area	Venue	Day of month	Start Time	End Time	Remarks
Archery Shootout	South West	Lot One Shopper's Mall	Every Sun	10:00am	11:00am	
Floorball	North East	Oasis Terraces	Every Sat	5:00pm	6:00pm	
Floorball	North West	Bukit Panjang Plaza	Every Sat	10:00am	11:00am	
Inline Skating	South East	Singapore Sports Hub (hardcourts)	Every Sun	5:00pm	6:00pm	
Karate	North East	Heartbeat @ Bedok	Every Sun	4:00pm	5:00pm	No session on 27 Feb
Karate	North East	Pasir Ris Park	Every Sat	9:30am	10:30am	
Karate	North West	Admiralty Park	Every Sat	9:30am	10:30am	
Nerf Play	North West	Hillion Mall	Every Sat	9:00am	10:00am	
Orienteering	Central	Fort Canning Park	Every Sat	4:30pm	5:30pm	
Orienteering	South West	Sentosa	Every Sun	9:30am	10:30am	
Skateboarding	North East	Sengkang Sport Centre	Every Sun	5:00pm	6:00pm	
Skateboarding	South West	Clementi Sports Hall	Every Sat	9:30am	10:30am	
Tag rugby	South East	Big Splash - Coastal PlayGrove	Every Sat	4:00pm	5:00pm	

**IMPORTANT NOTICE**

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- 3)Active Family Junior Programme (AFJP) are for children aged 4 to 6 years old only
- 4)For enquires, please contact Team Axis Pte Ltd @ 93843328 (10pm to 6am)

Activity	Area	Venue	Day of month	Start Time	End Time	Remarks
Inline Skating	Central	Sheltered Basketball Court (Opposite Blk 112)	Every Sun	10:00am	11:00am	
Inline Skating	North East	Punggol Park	Every Sat	5:00pm	6:00pm	
Nerf Play	Central	Active Garden (Gardens by the Bay)	Every Sat	9:00am	10:00am	No session on 5 & 12 Feb
Nerf Play	North West	Kampung Admiralty Community Plaza	Every Sun	9:00am	10:00am	
Soccer	Central	Buangkok Square	Every Sat	5:00pm	6:00pm	