

Pom Pom Parade

Ingredients

- 150ml sparkling water (classic/grapefruit/ lemon)
- 100ml japanese kabusecha green tea lower in sugar*
 Edible flower petals (e.g. rose, lavender,osmanthus)
- 1–2 tbsp. fresh pomegranate seeds

*Choose products with the Healthier Choice Symbol.

Method

- Add flower petals into 50ml of japanese kabusecha green tea low sugar. Freeze into popsicles or cubes.
- Put the flower petal popsicles and pomegranate seeds in a glass.
- Pour 50ml of japanese kabusecha green tea low sugar into the glass. Top off the glass with sparkling water.

