





#### How it works:

You are the head of a secret spy organisation and your kid(s) are the agent(s). Your job is to hand out the missions to the agent(s), explain the task and ensure the games are carried out properly and safely. Your agent(s) have to complete 5 missions on their own and solve a mystery.

Each mission is a mini-game/challenge that you can set up and play at home. You can do one mission daily or spread them out however you wish.

#### What this Spy Kit contains:

- 1) Printable spy disguises
- 2) 5 printable Mission Cards
- 3) Healthy treat reward ideas







## How to set up Spy Disguise:





Print out the spy kit and cut out the fake brows, spectacles and beards.



2

Tie strings to the cutouts to put them on.



3

Set up a box of clothes and accessories they can use to complete their look.

NOTE





## How to set up Spy Disguise:







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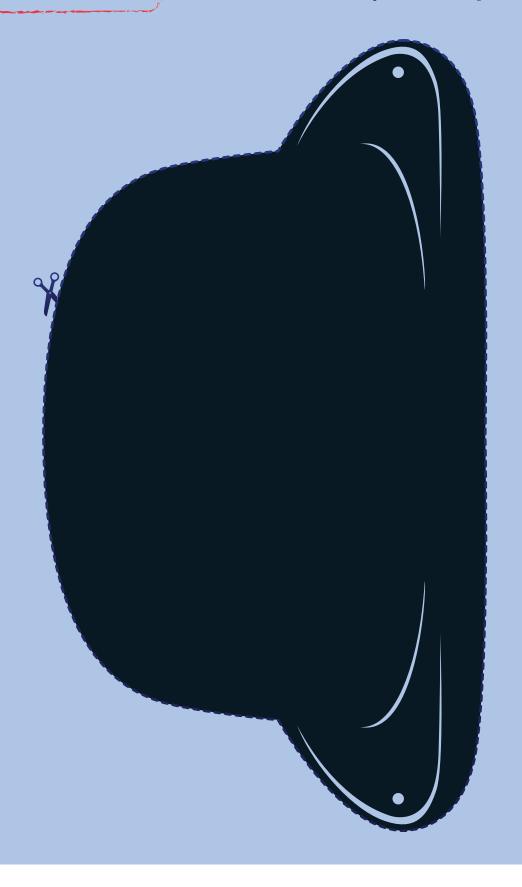






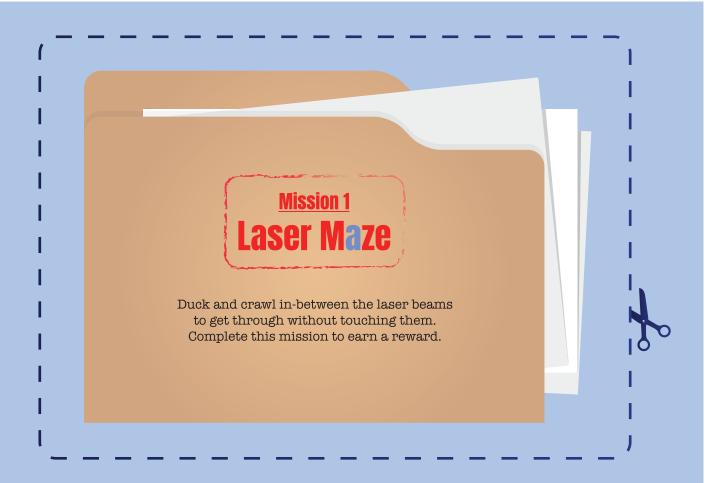


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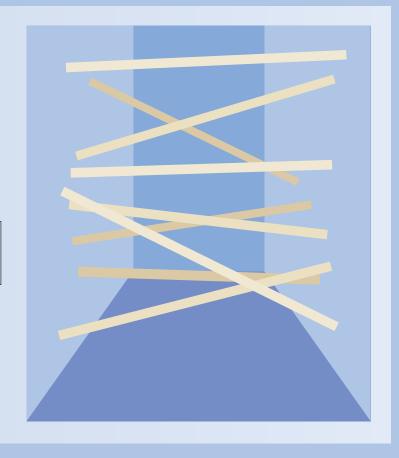
## How to set up lasers:

Stick masking tape/washi tape or strings across two walls in a narrow corridor.

Create a zig-zag pattern going high and low.

NOTE:







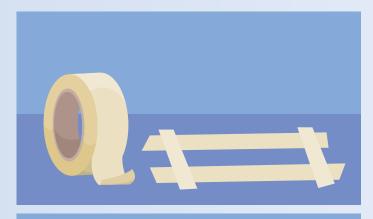




## How to set up the secret lair:

Using things around the house like tape, pillows or bottles, create an obstacle course where the kids have to follow the routes, jump over objects or crawl through tunnels.

NOTE:







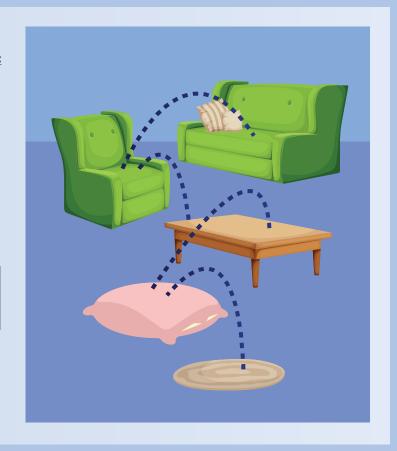




### How to set up treasure hunt:

Play this game in a room with stable furniture, like the living room. Move furniture closer to each other so kids can step from one to another easily. Put 3 items like stuff toys around the room for them to retrieve without stepping on the ground.

NOTE:





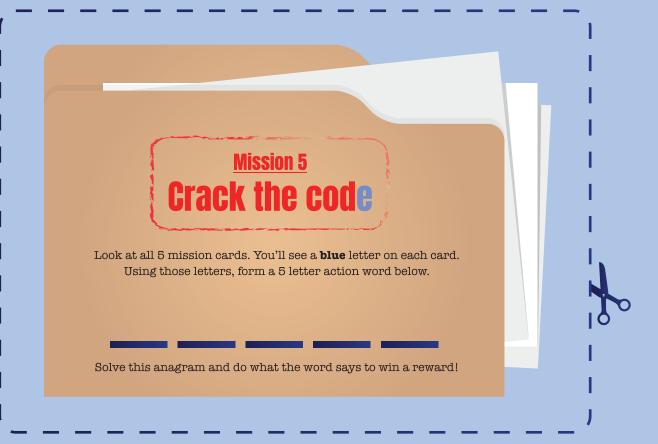














#### How to crack the code:

Lay down all the 5 mission cards on a table and give the kids a paper and pencil to solve the anagram. Kids who spell out "dance" and do a dance move win.

NOTE









#### Treat Idea: Fruit Gear

Every spy needs good gear. So get creative and cut fruit into interesting shapes like hats, sunglasses, magnifying glass or throwing stars.

### **Treat Idea: Spy Pies**

Make mini-pies filled with nutritious vegetables. Kids have to guess the veggies inside.

#### Treat Idea: Edible stationary

Carrot sticks pencils and cucumbers rulers. Simply cut these veggies into spy-tastic tools that double as great snacks.









#### Treat Idea: Trail nuts\*

A good spy knows how to follow a trail of clues. So make a trail of nuts like walnuts and almonds on the dining table for them to enjoy.

\*If your kid is allergic to nuts, use fruits and vegetables to play this game instead.

#### Treat Idea: Secret Sandwiches

Using wholegrain bread, make mini-sandwiches with healthy ingredients.

Kids have to eat and guess the main ingredients inside.

#### Treat Idea: Fruity Froyo

A healthy frozen treat for hot days. Simply chop fruits into small pieces and mix with low-fat vanilla yogurt. Then scoop a little into ice moulds and freeze.