



Cervical cancer is the **10th most common cancer** and **8th most common cause of cancer deaths among women in Singapore.**



HPV vaccine given to your daughter

Cervarix protects against two of the most common type of HPV that causes 70% of cervical cancer. It is offered under the school-based vaccination programme.

Other HPV vaccines available in Singapore

Gardasil

Extends additional protection against two other types of HPV which generally do not cause cervical cancer but genital warts.

Gardasil 9

A newer vaccine that extends protection against additional cancer causing HPV types and is being evaluated by Ministry of Health.

HPV vaccine is safe

but some may experience the following possible side effects, as with any other vaccines.

- pain, swelling, itching, redness at the site of injection
- mild to moderate fever, headache
- muscle ache, joint pain
- nausea, abdominal pain
- feeling lightheaded, dizzy or weak

Nonetheless, they are generally mild and should resolve on their own. However, parents should seek medical advice if severe reactions occur immediately after the vaccination, or if symptoms persist.



HPV RISKS & PREVENTION

HPV stands for human papillomavirus. Out of over 100 types of HPV, 2 types are responsible for 70% of cervical cancer.

The HPV vaccination is important for your daughter, and works best when given at a younger age.

HPV vaccination



9-26 years old

It is recommended for 9-26 years old.



safe

HPV vaccine is safe. It can also be taken with other vaccines.



effective

Offers long-term protection against HPV types that cause majority of cervical cancer

Cervical cancer



cause

HPV is the cause of cervical cancer.



207 new cervical cancer cases

diagnosed annually in SG*



72 cervical cancer deaths

in women in SG annually*

*Figure provided by HPB/Singapore Cancer Registry, estimated from 2011 - 2015 data**



HER FUTURE DEPENDS ON YOUR DECISION TODAY

Protect your daughter against cervical cancer with the HPV vaccination.



For more information,
email HPB_mailbox@hpb.gov.sg or call **6435 3895**
(Mon to Fri: 8am-5pm, Sat: 8am-1pm, closed on Sun & PHs).

PROTECT HER TODAY

WHAT YOU NEED TO DO



1 DID YOU KNOW?
The human papillomavirus (HPV) vaccination protects your child against HPV infection that can cause cervical cancer.

Recommended:
Females aged 9 to 26 years old



2 CHECK YOUR DAUGHTER'S ELIGIBILITY UNDER THE SCHOOL-BASED PROGRAMME

Offered to:
Secondary 1 female students

If your daughter is in Secondary 2 - 5 in 2019, she is eligible for the catch-up vaccination. A letter will be given to you through her school.



3 OPT IN FOR VACCINATION

To submit the consent for HPV vaccination for your daughter, you can choose to:



Scan the QR code

OR Log in to the online portal via childconsent.hpb.gov.sg using your SingPass

If your child has already started on a HPV vaccination series, she should complete with the same HPV vaccine type as far as possible.



4 GET THE RIGHT DOSES, AT THE RIGHT TIME.
HPB's School Health Services will work with your daughter's school to schedule the HPV vaccination.

	TWO-DOSE SCHEDULE	THREE-DOSE SCHEDULE
First dose	Age 14 years or younger	Age 15 years or older
Second dose	In the following year (or between 5 - 13 months apart)	1 - 2.5 months after the first dose
Third dose	-	5 - 12 months after the first dose



5 RESCHEDULE A MISSED DOSE OR CHECK YOUR DAUGHTER'S APPOINTMENT.

Email us at HPB_mailbox@hpb.gov.sg.



HPV VACCINATION COMPLETED.