

Take your medication as prescribed



Take your medication(s) regularly at the correct time(s)



If you miss a dose, take it as soon as you remember; if it is time for the next dose, skip the missed dose



Eat meals regularly to prevent hypoglycaemia (low blood sugar)



Avoid taking alcohol with medication

Inform your healthcare professional if you are:



Taking metformin before going for any scans (e.g., CT scans) or procedures



Pregnant or planning to get pregnant before taking medication



Experiencing **persistent symptoms of hypoglycaemia** (low blood sugar)