

NATIONAL STEPS CHALLENGE[™] SEASON 6 THEMATIC CHALLENGES

'MOVE INTO 2022 CHALLENGE' TERMS AND CONDITIONS

1. Challenge Overview

- 1.1. 'MOVE into 2022 Challenge' (also referred to as the "**Challenge**") is a physical activity initiative by the Health Promotion Board ("**HPB**") to encourage individuals to be more physically active every day, anytime and anywhere. "MOVE into 2022 Challenge" is an extension of the National Steps Challenge[™] Season 6.
- 1.2. Please read the following Terms and Conditions carefully before signing up for 'MOVE into 2022 Challenge'. By participating in the Challenge, you (a "**Participant**") agree to be bound by these Terms and Conditions as they may be modified and/or amended from time to time. HPB reserves the right to change these Terms and Conditions at any time at its sole discretion. Amendments shall take effect immediately on the Challenge. Your continued participation of the Challenge thereafter represents your agreement to any such amendment.
- 1.3. Eligible individuals can sign up by downloading the Healthy 365 app, creating/restoring their profile, and signing up for the 'MOVE into 2022 Challenge' on the 'Challenges' tab via the Healthy 365 app. Participants will have to consent to the Terms & Conditions of this Challenge before participating in the Challenge.
- 1.4. Participants who have successfully signed up for the 'MOVE into 2022 Challenge' will be able to participate in the Challenge by tracking their physical activities via a "Preferred Fitness Tracking Device", which can be one of the following:
 - a) A HPB fitness tracker;
 - b) A compatible fitness tracker; or
 - c) A compatible fitness app, namely Apple Health app (for Apple) or Samsung Health app (for Android) on the Participants' phone.
- 1.5. Once the Preferred Fitness Tracking Device has been set up, the Participant can start to clock steps and Moderate to Vigorous Physical Activities ("MVPA") minutes in accordance with the Challenge mechanics upon the start of the Challenge. Participation in the 'MOVE into 2022 Challenge' is free.
- 1.6. The 'MOVE into 2022 Challenge' is open to both new, past and current participants of the National Steps Challenge[™].

2. Official Challenge Period

- 2.1. Registration for the 'MOVE into 2022 Challenge' will start on **10 January 2022, 1200 hours (Singapore time)** and end on **30 January 2022, 2359 hours (Singapore time)**.
- 2.2. The 'MOVE into 2022 Challenge' will officially start on **17 January 2022, 0000 hours (Singapore time)** and end on **30 January 2022, 2359 hours (Singapore time)** ("**Official Challenge Period**").

- 2.3. Participants can clock and sync steps and MVPA minutes to the Healthy 365 app during the Official Challenge Period to be eligible for rewards.
- 2.4. HPB reserves the right to make changes to the Official Challenge Period as well as the start and end dates and time of the 'MOVE into 2022 Challenge', without prior notice to Participants.

3. **Participation Eligibility**

- 3.1. 'MOVE into 2022 Challenge' is open to all individuals who meet the following eligibility criteria:
 - a) Singaporean or Permanent Resident of Singapore with a valid NRIC, or a foreigner with a valid FIN;
 - b) 17 years old or older (based on birth year) at the point of registration. If below 18 years of age, participant must have obtained consent from his/her parent or legal guardian to participate in this Challenge and to be bound in all respects by these Terms and Conditions. Participants must submit proof of such parental or guardian consent in this Challenge, if required by HPB;
 - c) Signed up for the National Steps Challenge™ Season 6; and
 - d) must not be a participant of the LumiHealth programme ("LumiHealth").
- 3.2. Eligible individuals who are currently participants of the LumiHealth but would like to sign up for the 'MOVE into 2022 Challenge' instead must withdraw from LumiHealth before signing up to participate in this Challenge. LumiHealth participants who choose to withdraw from LumiHealth may not be able to sign up for it again. LumiHealth participants are duly advised to redeem the coins earned and redeem HPB vouchers prior to withdrawal from LumiHealth – if applicable, as any unredeemed rewards earned on LumiHealth will be forfeited upon withdrawal. HPB reserves the right to claw back rewards earned if Participants are found to be signed onto both LumiHealth and 'MOVE into 2022 Challenge' at the same time.

4. **Challenge Mechanics**

- 4.1. During the Official Challenge Period, Participants can earn the following rewards under the 'MOVE into 2022 Challenge' when the qualifying criteria are met.

Type	Qualifying Criteria		Rewards*
Lucky Draw	Daily Fitness Goal	Number of Lucky Draw Chances	<p>Max number of lucky draw chances a user can earn in a day is three (3) chances.</p> <p>Maximum of forty-two (42) chances if goals are met during Official Challenge Period.</p>
	Clock at least 10,000 steps in 1 day during the challenge period	1 lucky draw chance	
	Clock at least 30 minutes of MVPA in 1 day during the challenge period NOTE: Participants will not earn any lucky draw chances for partial goals clocked (i.e. 1 lucky draw chance for 15 minutes of MVPA in 1 day during the challenge period)	2 lucky draw chances	

	For every 22,000 steps clocked during the Official Challenge Period:		A multiplier (capped at 5x) will be applied to the total number of lucky draw chances earned during the Official Challenge Period
	Total Number of Steps Clocked during Challenge Period (17 – 30 January 2022)	Multiplier on the Total Number of Lucky Draw Chances	
	More or equal to 22,000, but less than 44,000 steps	2x	
	More or equal to 44,000, but less than 66,000 steps	3x	
	More or equal to 66,000, but less than 88,000 steps	4x	
	More or equal to 88,000 steps	5x	

* HPB reserves the right to provide alternative rewards at its sole discretion without any further notice to participants.

Participants may use any number of days within the Official Challenge Period to clock the required number of steps and MVPA minutes. Steps and MVPA minutes need not be clocked on consecutive days

4.2. Eligible Participants who earn lucky draw chances will stand to win one of the prizes shown in the list below.

MOVE into 2022 Challenge			
S/N	Prizes	Prize Value	No. of Winners
1	<ul style="list-style-type: none"> WRS: Friends of Wildlife Family membership Sandbox VR: 2 x \$100 Sandbox VR electronic gift card 	Up to \$515	5
2	<ul style="list-style-type: none"> Sentosa: 2 x iFly Singapore, 2 x Ola Beach Club Single Stand Up Paddle, 1 x Gogreen Segway Eco Adventure for 2 pax, 2 x Singapore Cable Car Sky Pass Round Trip Sandbox VR: 1 x \$100 Sandbox VR electronic gift card 	Up to \$497.80	10
3	<ul style="list-style-type: none"> BOUNCE: 1 x Hosted group for 5 Jumpers (FAB5) Sandbox VR: 1 x \$100 Sandbox electronic gift card 	Up to \$345	35
4	<p>Any <u>one</u> of the below prizes which will be decided by HPB.</p> <ul style="list-style-type: none"> BOUNCE: 2 x Weekday Entry Pass Sentosa: iFly Singapore The Teaser Package Sentosa: 2 x Ola Beach Club Single Stand Up Paddle Sentosa: 2 x Ola Beach Club Double Kayak 	Up to \$89	765

	<ul style="list-style-type: none"> • Sentosa: Gogreen Segway Eco Adventure for 2 pax • Sentosa: Hydrodash 1-hour Play for 4 pax • Sentosa: 2 x Singapore Cable Car Sky Pass Round Trip 		
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- 4.3. Step counts must be clocked and synced to the Healthy 365 app during the Official Challenge Period to be considered towards the qualifying criteria. Only step counts from the day a Participant joins the Challenge or from the day of commencement of the Official Challenge Period, whichever is later, will be considered. All step counts must be synced to the Healthy 365 app before the Challenge ends to be considered. Any step counts synced after the end of Challenge will not be considered, even if the step count was clocked during the Official Challenge Period.

5. 'MOVE into 2022 Challenge' Lucky Draw

- 5.1. The lucky draw will be conducted within 3 weeks after the end of Official Challenge Period, at an appropriate date and time of HPB's choosing in its sole discretion.
- 5.2. The lucky draw is open to Participants, except:
- HPB employees and/or immediate family members of (referring to the spouse, children, parents and/or siblings) a HPB employee;
 - HPB partners, third-party vendors, service providers, subcontractors and/or event organisers ("EOs") and their employees, who are involved in or connected to, directly or indirectly, the 'MOVE into 2022 Challenge';
 - Any person who is found to be insane, deceased, insolvent or the subject of criminal investigation, or has criminal proceedings instituted against him/her in any jurisdiction; and/or
 - Any other person or class of persons deemed ineligible or notified by HPB as being ineligible from time to time.
- 5.3. HPB reserves the right to redraw in the event that the Participant drawn does not meet the terms and conditions of the Challenge and the draws.
- 5.4. The result of the draw is final, and no appeals will be entertained.
- 5.5. The prizes are not transferable, not assignable, and not redeemable for cash.
- 5.6. Prizes may come in the form of a digital voucher, with terms and conditions which may be applicable depending on the retail partner providing the voucher. All lucky draw prize winners may be contacted by push notification on the Healthy 365 app, SMS, telephone or email, and must respond within fourteen (14) calendar days of being notified. Prize winners will be required to provide their NRIC/FIN number and mailing address via Form.SG for HPB to verify their identity and disburse their prize either digitally or via normal mail. In the event that a prize winner is unable to respond and/or produce valid proof of identity within fourteen (14) calendar days, he/she will be disqualified. For unclaimed lucky draw prizes, HPB may, in its discretion, pick another winner from the reserve list.
- 5.7. Prizes earned under the 'MOVE into 2022 Challenge' are not transferrable under any circumstances. Should Participants' accounts no longer be valid (i.e. the account belongs to a deceased Participant), participation in 'MOVE into 2022 Challenge' will be withdrawn, and prizes earned will be forfeited immediately thereafter.

6. Data Protection

- 6.1. By signing up for 'MOVE into 2022 Challenge', Participants consent to the collection, use and disclosure of Personal Data by HPB, as stated by the Terms and Conditions of the Healthy 365 app. In addition, Participants consent to the collection, use and disclosure of their Personal Data as provided in this clause 6. "Personal Data" means any data collected by HPB under 'MOVE into 2022 Challenge' which can be used to identify an individual, such as a name, address or email address. HPB will also collect Personal Data from a Participant through the Preferred Fitness Tracking Device such as wellness and fitness information including various activities undertaken by a Participant.
- 6.2. HPB may use the Personal Data:-
- a) For publicity, liaison, advertising or marketing purposes in connection with any HPB programmes/outreach/initiatives/activities,
 - b) To provide the Participants with the services and functions of the 'MOVE into 2022 Challenge', including setting up the Participant's account, informing the Participant about service updates, and managing and providing rewards,
 - c) To identify and deliver messages that may be of interest to the Participant,
 - d) To develop and refine the 'MOVE into 2022 Challenge' and/or National Steps Challenge™ Season 6,
 - e) To understand overall effectiveness of 'MOVE into 2022 Challenge' and/or National Steps Challenge™ Season 6 and/or its impact on the health system in Singapore, and
 - f) Assisting the Participant with enquiries and obtaining their feedback.
- 6.3. HPB may share Personal Data with:
- a) HPB's service providers or third-party contractors involved in this 'MOVE into 2022 Challenge', so as to serve Participants in a most efficient and effective way,
 - b) HPB's partners involved in this 'MOVE into 2022 Challenge',
 - c) HPB's consultants or professional advisers including but not limited to accountants, lawyers and auditors,
 - d) Parties as required by law, such as pursuant to a subpoena, regulatory oversight, or other legal process, and/or
 - e) Other parties if HPB believes in good faith that disclosure is necessary (a) to protect HPB's rights, the integrity of 'MOVE into 2022 Challenge', or a Participant's safety or the safety of others, or (b) to detect, prevent or respond to fraud, intellectual property infringement, violations of these Terms and Conditions, violations of law or other misuse of 'MOVE into 2022 Challenge' or HPB fitness trackers.
- 6.4. Participants are responsible for providing complete and accurate contact information to HPB and its organisers. HPB accepts no responsibility for any inability or failure to contact the participants arising from inaccurate or incomplete contact information.

7. Health Advisory

- 7.1. Participants who are concerned about participation in 'MOVE into 2022 Challenge' due to their medical conditions or specific healthcare needs should first consult their doctor before engaging in any activities in 'MOVE into 2022 Challenge'. Participants must not participate in the 'MOVE into 2022 Challenge' activities or events if they are not feeling well.

- 7.2. The health information and other information on 'MOVE into 2022 Challenge' and/or HPB fitness trackers are general in nature. It is provided as a public service and for information purposes only. This information does not constitute, nor is it a substitute for, medical advice, legal advice or professional services. In particular, the health information on 'MOVE into 2022 Challenge' and/or HPB fitness trackers is not intended as a substitute for seeing a doctor or other professional advisor. The Participant must always consult their doctor if they have any specific health care needs. A doctor can provide the Participant with the necessary medical diagnosis and treatment. The Participant must not rely on the information on 'MOVE into 2022 Challenge' and/or HPB fitness trackers to self-diagnose their illness. The Participant must never disregard medical advice or delay seeking such advice because of anything presented on 'MOVE into 2022 Challenge' and/or HPB fitness trackers. The Participant should consult with a doctor or other qualified healthcare professional to determine whether their participation in the Challenge and/or use of HPB fitness trackers would be safe and/or effective for them. The Participant is expressly prohibited from accessing or using 'MOVE into 2022 Challenge' and/or HPB fitness trackers against medical advice or if doing so might pose any health risk. In this context, the Participant acknowledges that they take full responsibility for their health, life and well-being, as well as the health, lives and well-being of their family and children (born and unborn, as applicable), and all decisions now or in the future. The Participant's use of 'MOVE into 2022 Challenge' and/or HPB fitness trackers does not constitute or create a doctor-patient, therapist-patient or other healthcare professional relationship between the Participant and HPB. HPB shall not be responsible, under any theory of liability or indemnity, for your use of or reliance on 'MOVE into 2022 Challenge' and/or HPB fitness trackers.
- 7.3. Participants must also practice safe distancing and adhere to other prevailing Safe Management Measures during the course of their participation in the Challenge.
- 7.4. The HPB fitness trackers are provided as a public service and are meant to provide Participants with information to encourage an active and healthy lifestyle. HPB fitness trackers and compatible fitness tracking devices are intended to be a close estimation of Participants' activities and metrics tracked but may not be precisely accurate. The HPB fitness trackers are not medical devices and the data provided is not intended to be utilised and/or relied on for medical purposes.
- 7.5. HPB shall not be responsible, under any theory of liability or indemnity, for any injuries sustained/casualty (to the extent permitted by law) that arise directly or indirectly from the participation in 'MOVE into 2022 Challenge' and/or its associated activities or events held by HPB and/or any utilisation or reliance of any data from the HPB fitness trackers.
- 7.6. Participants shall indemnify and hold HPB harmless its officers, employees and agents from and against all claims of any nature made by any person arising out of or in connection with this 'MOVE into 2022 Challenge' and these terms and conditions.

8. General

- 8.1. HPB does not guarantee that access to 'MOVE into 2022 Challenge' shall be uninterrupted or error free. To the fullest extent permitted by applicable laws, HPB on behalf of its directors, officers, employees and/or agents excludes and disclaims liability for any losses and expenses of whatever nature and howsoever arising including, without limitation, any direct, indirect, general, special, punitive, incidental or consequential damages; loss of use; loss of data; loss caused by a virus; loss of opportunity, business, revenue, income or profit; loss of or damage to property; claims of third parties; or other losses of any kind or character, even if HPB has been advised of the possibility of such damages or losses, arising out of or in connection with the use of 'MOVE into 2022 Challenge' or any other website or apps with which they are linked, or any products or services available on 'MOVE into 2022 Challenge'. The Participant assumes total responsibility for establishing such procedures for data back up and virus checking as you

consider necessary. HPB does not guarantee or warrant that files accessed on, and/or available for downloading from 'MOVE into 2022 Challenge' or any other website or apps with which they are linked are or shall be free of computer viruses, worms, Trojan horses or other contaminating or destructive properties. Participants shall access and download information from 'MOVE into 2022 Challenge' or any other website or apps with which they are linked at their own risk.

- 8.2 HPB further reserves the right to modify and/or terminate the reward scheme of 'MOVE into 2022 Challenge' at any time at its sole discretion without any further notice to participants.
- 8.3 HPB may, in its sole and absolute discretion and without prior notice, replace, change or substitute any prizes with another of similar value.
- 8.4 By participating in the Challenge, in addition to these terms and conditions governing the Challenge, Participants agree and undertake to abide by all the terms and conditions governing the use of the Healthy 365 app, which are expressly incorporated herein and can be found at stepschallenge.sg.
- 8.5 Without prejudice to any other provision in these terms and conditions, HPB shall not be liable for or in respect of any expenses, losses, costs damages, liabilities or other consequences of whatsoever nature (collectively "Losses") suffered or incurred directly or indirectly by the Participants of the 'MOVE into 2022 Challenge' howsoever caused or arising and without limiting the generality of the foregoing, whether by reason of or on account of any act or omission whether negligent or otherwise on the part of HPB or its servants or agents (to the extent limited by law), even if HPB or its agents or employees are advised of the possibility of such Losses.
- 8.6 HPB reserves the right to disqualify or suspend a Participant's participation, and withdraw or claw back any rewards provided under 'MOVE into 2022 Challenge' from any Participant at its sole discretion if:
- a) HPB, in its sole discretion, decides that the participation is not valid;
 - b) Participant(s) who do not agree to abide by and be bound by and breach the Terms and the Healthy 365 app;
 - c) Participant(s) who are abusive to HPB staff at any point of contact;
 - d) Participant(s) who failed to provide true, correct and accurate information at any point of contact;
 - e) HPB discovers or has reasonable grounds to suspect that the
 - i. Participant has attempted to undermine or have undermined the operation of the Challenge by fraud, cheating, deception, dishonest means or otherwise manipulating the mechanics of the Challenge including without limitation the unauthorised use of profiles not belonging to the Participant, in which event, the Participant may be referred to the relevant law enforcement agencies for investigation; or
 - ii. Participant's participation status and any accumulation of rewards/prizes were earned fraudulently; and/or
 - f) Participant has received any rewards and/or entitlement under 'MOVE into 2022 Challenge' pursuant to a glitch or technical error or malfunction of the system.
- 8.7 Participants agree and consent to being contacted by HPB to obtain feedback about the 'MOVE into 2022 Challenge', the Healthy 365 app and/or fitness tracking devices used in the Challenge.
- 8.8 HPB's decision on all matters relating to the 'MOVE into 2022 Challenge' is final and binding on all Participants. HPB will not entertain any queries with regard to any Challenge results and will not be obliged to provide the reason(s) for its awarding decision to a Participant.
- 8.9 The Terms & Conditions shall be governed by the laws of Singapore. The Terms & Conditions shall constitute the entire understanding and agreement between the HPB and the participants.

The Terms & Conditions are not intended to confer rights on any third-party cap, whether pursuant to the Contracts (Rights of Third Parties) Act (Cap. 53B) or otherwise, and no third party shall have any right to enforce any provision of the Terms & Conditions.

- 8.10 If any term or provision of the Terms & Conditions is held to be illegal or unenforceable, such term or provision shall be deemed to be deleted from the Terms & Conditions. The validity or enforceability of the remainder of the Terms & Conditions shall remain in full force and effect. HPB's failure to enforce at any time the provisions of the Terms & Conditions or any rights in respect thereto shall in no way be considered to be a waiver of such provisions, rights, or elections or in any way affect the validity of the Terms & Conditions.
- 8.11 In the event of any inconsistency between the Terms & Conditions and any brochure, marketing or promotional material relating to challenge, the Terms & Conditions shall prevail.
- 8.12 HPB reserves the right to use the names and photographs of the participants and prize winners for any promotional, marketing or publicity purposes in any media.