

A close-up photograph of a person wearing a tan jacket, using a glucometer to test their finger. The person's hands are the central focus, with the glucometer held between the thumb and index finger of the left hand, and the right index finger being pricked. The person is also wearing a watch on their left wrist and a beaded bracelet on their right wrist. The background is blurred, suggesting an outdoor setting.

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Self-Monitoring of Glucose