

List of Functional Screening for 2025 (last updated on 17 Mar 2025)

To find out more about Functional Screening or to sign-up, Please call AIC Hotline at: 1800 650 6060 Monday to Friday: 8:30am to 8:30pm* Saturday: 8:30am to 4:00pm* *excluding public holidays You may also sign up via this link https://www.form.gov.sg/forms/pgo/5c45c47aaf7dc60010e5dbb5

| S/N | Date | Day | Time | Venue | Address |
|-----|-----------|-----|------------------|--|---|
| 1 | 19-Mar-25 | Wed | 9.00am - 1.00pm | FRCS AAC 386 Bukit Batok West Ave 5 | 386 Bukit Batok West Ave 5 #01-348 Singapore 650386 |
| 2 | 19 Mar 25 | Wed | 9.00am - 1.00pm | Toa Payoh Chinese Methodist Church | 480 Lor 2 Toa Payoh Singapore 319641 |
| 3 | 19-Mar-25 | Wed | 1.00pm - 5.00pm | Toa Payoh East Zone 7 RN | Blk 50 Toa Payoh Lorong 5 #01-63 Singapore 310050 |
| 4 | 22-Mar-25 | Sat | 9.00am - 1.00pm | Braddell Heights Zone F RN | Blk 318 Serangoon Ave 2, #01-324, Singapore 550318 |
| 5 | 22-Mar-25 | Sat | 9.00am - 1.00pm | Compassvale Plains RN | Blk 237 Compassvale Walk, #01-538 Singapore 544237 |
| 6 | 22-Mar-25 | Sat | 9.00am - 1.00pm | Meeting Point @128 | Blk 128 Lorong 1 Toa Payoh, #01-837 Singapore 310128 |
| 7 | 22 Mar 25 | Sat | 10.00am - 2.00pm | Buona Vista Community Club | 36 Hollland Drive Singapore 270036 |
| 8 | 23-Mar-25 | Sun | 9.00am - 1.00pm | Admiralty Zone 6 RN | Blk 690F Woodlands Drive 75 #01-12 Singapore 736690 |
| 9 | 23-Mar-25 | Sun | 9.00am - 1.00pm | Yew Tee Zone 7 RC | Blk 610 Choa Chu Kang Street 62, #01-161 Singapore 680610 |
| 10 | 26-Mar-25 | Wed | 9.00am - 1.00pm | ТНК ААС | Blk 235, Bukit Batok East Ave 5, #01-21 Singapore 650235 |
| 11 | 28-Mar-25 | Fri | 9.00am - 1.00pm | FaithActs (Queenstown) AAC | Blk 40 Margaret Drive #01-07 Singapore 140040 |
| 12 | 28-Mar-25 | Fri | 9.00am -1.00pm | NTUC Health (Marsiling) | 180A, Marsiling Road #01-2208, Singapore 731180 |
| 13 | 29-Mar-25 | Sat | 9.00am - 1.00pm | Costa Ris RN | Blk 527B Pasir Ris Street 51 #01-717, Singapore 512527 |
| 14 | 29-Mar-25 | Sat | 9.00am - 1.00pm | Sembawang Central Zone 2 RN | Blk 351A Canberra Road #01-317 Singapore 751351 |
| 15 | 29-Mar-25 | Sat | 9.00am - 1.00pm | Pek Kio Community Club | 21 Gloucester Road Singapore 219458 |
| 16 | 08 Apr 25 | Tue | 9.00am - 1.00pm | Heartbeat @ Bedok | 11 Bedok North Street 1, Level 1 Singapore 469662 |
| 17 | 12 Apr 25 | Sat | 9.00am-1.00pm | Sree Narayana Mission Senior Care Centre (Woodlands) | Blk 861 Woodlands Street 83 Singapore 730861 |
| 18 | 12 Apr 25 | Sat | 9.00am - 1.00pm | Reach Senior Centre | Blk 417 Bukit Batok West Ave 4, #01-284 Singapore 650417 |
| 19 | 17 Apr 25 | Thu | 1.00pm - 5.00pm | Adventist Active Centre @ Golden Clover AAC | Blk 196 Kim Keat Avenue, #01-506 Singapore 310196 |
| 20 | 19 Apr 25 | Sat | 9.00am - 1.00pm | AMKHG - Hibiscus RN | 435 Hougang Ave 8, #01-1669 Singapore 530435 |

| S/N | Date | Day | Time | Venue | Address |
|-----|------------|-----|------------------|--|--|
| 21 | 19 Apr 25^ | Sat | 9.00am - 1.00pm | Sengkang CC | 2 Sengkang Square, Level 3, Singapore 545025 |
| 22 | 20-Apr-25 | Sun | 9.00am - 1.00pm | Potong Pasir CC | Level 2 Multi-purpose Room 6 Potong Pasir Ave 2 Singapore 358361 |
| 23 | 21 Apr 25^ | Mon | 9.00am - 1.00pm | SASCO AAC | Block 274B Compassvale Bow #01-521 Singapore 542274 |
| 24 | 26-Apr-25 | Sat | 8.30am - 12.30pm | Segar RN | Blk 475 Segar Road, #01-430 Singapore 670475 |
| 25 | 26-Apr-25 | Sat | 8.30am - 12.30pm | Kaki Bukit Bloom RN | Blk 546 Bedok North Street 3, #01-1436 Singapore 460546 |
| 26 | 26 Apr 25 | Sat | 9.00am-1.00pm | Dawson RN | Blk. 94A Dawson Road #01-06 Singapore 142094 |
| 27 | 26 Apr 25 | Sat | 10.00am - 2.00pm | Boscombe Life Church | 248 Joo Chiat Road Singapore 427503 |
| 28 | 26 Apr 25 | Sat | 9.00am - 1.00pm | Changi Simei Zone 3 RC | Blk 155 Simei Road #01-205 Singapore 520155 |
| 29 | 30 Apr 25 | Wed | 9.00am - 12.00pm | Eunos Crescent RN | Blk 10 Eunos Crescent, #01-2733, Singapore 400010 |
| 30 | 30 Apr 25^ | Wed | 1.00pm - 5.00pm | KGA AAC | 69 Jellicoe Road Singapore 208737 |
| 31 | 03 May 25 | Sat | 9.00am - 1.00pm | Serangoon Gardens Country Club | 22 Kensington Park Road, Singapore 557271 |
| 32 | 03 May 25 | Sat | 9.00am - 1.00pm | Tampines Changkat Zone 5 RN | Blk 273 Tampines Street 22 #01-50 Singapore 520273 |
| 33 | 04 May 25^ | Sun | 9.00am - 1.00pm | Compassvale Lodge RC | Blk 291C Compassvale St #01-258 Singapore 543291 |
| 34 | 06 May 25 | Tue | 9.00am - 1.00pm | Paya Lebar Wellness Centre | Blk 112 Hougang Ave 1 #01-1092 Singapore 530112 |
| 35 | 07 May 25^ | Wed | 9.00am - 1.00pm | Fei Yue Active Ageing Center (Buangkok Green) | Blk 582A Buangkok Green #02-540 Singapore 531582 |
| 36 | 09 May 25 | Fri | 9.00am - 1.00pm | Trans Focus Active Ageing Centre | Toh Yi Drive Block 3 #01-189 Singapore 590003 |
| 37 | 09 May 25 | Fri | 9.00am - 1.00pm | Precious Active Ageing Centre | Blk 454 Fajar Road #01-582, Singapore 670454 |
| 38 | 10 May 25 | Sat | 8.30am - 12.30pm | Jelapang RN | Blk 527 Jelapang Rd Singapore 670527 |
| 39 | 10 May 25^ | Sat | 9.00am -1.00pm | Woodlands Zone 9 Residents' Network | Blk 656 Woodlands Ring Road #01-49, Singapore 730656 |
| 40 | 11 May 25 | Sun | 9.00am - 1.00pm | Whampoa South RN | Blk 38A Bendemeer Road #01-818, Singapore 331038 |
| 41 | 13 May 25 | Tue | 9.00am - 1.00pm | Heartbeat @ Bedok | 11 Bedok North Street 1, Level 1 Singapore 469662 |
| 42 | 16 May 25^ | Fri | 9.00am - 1.00pm | Tampines East Zone 2 RN Centre | Block 216 Tampines Street 23 #01-37 Singapore 520216 |
| 43 | 17 May 25 | Sat | 9.00am - 1.00pm | Braddell Heights Zone C RN | Blk 410 Serangoon Central #01-327 Singapore 550410 |
| 44 | 17 May 25 | Sat | 9.00am - 1.00pm | Marine Terrace Walk RN | Blk 5 Marine Terrace, #01-278 Singapore 440005 |
| 45 | 17 May 25 | Sat | 9.30am - 1.30pm | Henderson Crescent RN | Blk. 105 Henderseon Cres. #01-05 Singapore 150105 |

| 6531 May 25*Sat9:00am - 12:30pmBOON LAY ZONE J RNSingapore 6406256631 May 25*Sat9.00am - 1.00pmWoodlands Zone 2 Residents' NetworkBlk 846 Woodlands Avenue 4 #01-612 Singapore 7308466701 Jun 25Sun9.00am - 1.00pmKeat Hong Zone 6 RN CentreBlk 273 Choa Chu Kang Avenue 2, #01-241 Singapore 6802736810 Jun 25Tue9.00am - 1.00pmHeartbeat @ Bedok11 Bedok North Street 1, Level 1 Singapore 4696626912 Jun 25Thu9.00am - 1.00pmKwong Wai Shui Hospital@PP51 Potong Pasir Ave 1 Singapore 358400 | S/N | Date | Day | Time | Venue | Address |
|--|-----|------------|------------|----------------------|----------------------------|---|
| 47 18-May-25 Sun 10.00am - 2.00pm Sembawang West Zone J RN centre Bik 793 Woodlands Ave 6 401-675 Singapore 37073 48 21 May 25 Wed 2.00pm - 6.00pm Allik Active Ageing Centre @ Sin Ming 410 Singapore 370410 49 21 May 25 Wed 1.00pm - 5.00pm Adlike Active Centre @ Kallang Trivista Singapore 380008 50 22 May 25 Thu 9.00am - 1.00pm House of Joy AAC (Tampines Greenweave) Singapore 30008 51 23 May 25 Fri 9.00am - 1.00pm ReACH BGV @ 377A Singapore 306573 52 23 May 25 Fri 9.00am - 1.00pm REACH BGV @ 377A Singapore 306573 53 24 May 25 Sat 9.00am - 1.00pm Toa Payoh Central Zone 4 RN Bik 905 (Lor 2 Toa Payoh f01-21 RN Singapore 30573 55 24 May 25 Sat 9.00am - 1.00pm Para Payoh Central Zone 4 RN Bik 508 Cor 7 Toa Payoh f01-21 RN Singapore 312099 56 24 May 25 Sat 9.00am - 1.00pm Para Fik Central CC Singapore 416913 57 24 May 25 Sat 9.00am - 1.00pm <td>46</td> <td>17 May 25</td> <td>Sat</td> <td>9.00am - 1.00pm</td> <td>Katong Community Centre</td> <td></td> | 46 | 17 May 25 | Sat | 9.00am - 1.00pm | Katong Community Centre | |
| 48 21 May 25 Wed 2.00pm - 6.00pm Allkin Active Ageing Centre @ Sin Ming 4/0 Singapore 570410 49 21 May 25 Wed 1.00pm - 5.00pm Adventist Active Centre @ Greenweave) Singapore 380008 50 22 May 25 Thu 9.00am - 1.00pm Greenweave) Bit 610 Tampines North Dr 1, 401-01 51 23 May 25 Fri 9.00am - 1.00pm Careenweave) 377A Bukit Batok Street 31, 401-02 52 23 May 25 Fri 9.00am - 1.00pm REACH BCV @ 377A Singapore 350610 53 24 May 25 Sat 9.00am - 1.00pm REACH BCV @ 377A Singapore 312099 54 24 May 25 Sat 9.00am - 1.00pm Bethesda Chapel Singapore 416913 55 24 May 25 Sat 9.00am - 1.00pm Pair Ris Central CC Singapore 416913 55 24 May 25 Sat 9.00am - 1.00pm Pair Ris Central CC Singapore 416913 56 24 May 25 Sat 9.00am - 1.00pm Pioneer Zone 9 RN #01-175/177 7 Singapore 640602 Tr 1 %1 XMT XM | 47 | 18-May-25 | Sun | 10 00am - 2 00pm | _ | Blk 793 Woodlands Ave 6 #01-675 |
| 48 21 May 25 Web 2.00pm @ Sin Ming 410 Singapore 570410 49 21 May 25 Wed 1.00pm - 5.00pm Adventist Active Centre @ Kallang Trivista 8 UPPER BOON KENG ROAD, #01-02, Singapore 380008 50 22 May 25 Thu 9.00am - 1.00pm Greenweave) Bik 610 Tampines North Dr 1, #01-01 Greenweave) 51 23 May 25 Fri 9.00am - 1.00pm Lentor Health Senior Day Care (MacPherson) 2 MACPHERSON WALK, Singapore 350377 52 23 May 25^A Fri 9.00am - 1.00pm REACH BGV @ 377A 377A Bukit Batok Street 31, #01-24 Singapore 312099 54 24 May 25 Sat 9.00am-1.00pm Reach BGV @ 377A Singapore 110336 55 24 May 25 Sat 9.00am - 1.00pm Bethesda Chapel Singapore 110336 56 24 May 25 Sat 9.00am - 1.00pm Singapore Buddhist Lodge Singapore 406021 57 24 May 25 Sat 9.00am - 1.00pm Pioneer Zone 9 RN #01-175/177 58 26 May 25^A Mon 8.30am - 12.30pm THK Active Ageing Centre @ Bik 502 Bedock North Street 31/02-157. Sing | | 10 may 20 | oun | 2010000111 210000111 | | |
| Best State Sta | 48 | 21 May 25 | Wed | 2.00pm - 6.00pm | | |
| 49 21 May 25 Wed 1.00pm S.00pm Kallang Trivista Singapore 380008 50 22 May 25 Thu 9.00am 1.00pm Greenweave) Bik 610 Tampines North D1, #01-01 51 23 May 25 Fri 9.00am 1.00pm Lentor Health Senior Day 2.MACPHERSON WALK, 52 23 May 25 Fri 9.00am 1.00pm REACH BGV @ 377A 377A Bukit Batok Street 31, #01-24 53 24 May 25 Sat 9.00am 1.00pm Toa Payoh Central Zone 4 Bik 99C Lor 2 Toa Payoh #01-21 54 24 May 25 Sat 9.00am 1.00pm Bethesda Chapel 27 Lor Melayu 55 24 May 25 Sat 9.00am 1.00pm Pasir Ris Central Code Bik 502 Pasir Ris Dr 1 #01-286, 56 24 May 25 Sat 9.00am 1.00pm Singapore Buddhist Lodge Singapore 239329 57 24 May 25 Sat 9.00am 1.00pm Charge Cane 9 RN Bik 602 Urong West Street 62, 57 24 May 25 Sat 9.00am 1.0 | | , | | | | |
| 50 22 May 25 Thu 9.00am - 1.00pm House of Joy AAC (Tampines Greenweave) Bik 610 Tampines North Dr 1, #01-01 Singapore 520B r 1. 51 23 May 25 Fri 9.00am - 1.00pm Lentor Health Senior Day Care (MacPherson) 377A Bukit Batos Street 31, #01-24 Singapore 651377 52 23 May 25^ Fri 9.00am - 1.00pm REACH BGV @ 377A 377A Bukit Batos Street 31, #01-24 Singapore 651377 53 24 May 25 Sat 9.00am - 1.00pm REACH BGV @ 377A Bik 90C Lor 2 Toa Payoh #01-21 Singapore 610313 55 24 May 25 Sat 9.00am - 1.00pm Bethesda Chapel 27 Lor Melayu Singapore 510536 56 24 May 25 Sat 9.00am - 1.00pm Pasir Ris Central CC Bik 506 Pasito 1 #01-286, Singapore 510536 57 24 May 25 Sat 9.00am - 1.00pm Singapore Rote 2392.9 Bik 602 Jurong West Street 62, #01-175/177 58 26 May 25^A Mon 8.30am - 12.30pm THK Active Ageing Centre @ Kaki Bukit Bik 509B Bedok North Street 3 #02-157, Singapore 210047 59 26 May 25^A Mon 8.30am - 1.00pm Chong Hua Tong AAC Singapore 210047 6 | 49 | 21 May 25 | Wed | 1.00pm - 5.00pm | _ | |
| S0 22 May 25 Inu 9.00am 1.00pm Greenweave) Singapore 520610 51 23 May 25 Fri 9.00am 1.00pm Lentor Health Senior Day Care (MacPherson) 2 MACPHERSON WALK, Singapore 369573 52 23 May 25 Fri 9.00am 1.00pm REACH BGV @ 377A 377A Bukit Batck Street 31, #01-24 Singapore 312099 54 24 May 25 Sat 9.00am 1.00pm REACH BGV @ 377A Bit S9C Lor 2 Toa Payoh #01-21 55 24 May 25 Sat 9.00am 1.00pm Bethesda Chapel 27 Lor Melayu 56 24 May 25 Sat 9.00am 1.00pm Pasir Ris T Hol-286, Singapore 510536 56 24 May 25 Sat 9.00am 1.00pm Singapore Buddhist Lodge 117-19 Kim Yam Road 57 24 May 25 Sat 9.00am 1.00pm Pioneer Zone 9 RN Bit 602 Jurong West Street 62, Win 1.75/177 58 26 May 25^A Mon 8.30am - 12.30pm Chong Hua Tong AAC Singapore 210047 60 27-May-25 Tue 9.00am - 5.00pm | | | | | - | |
| S1 23 May 25 Fri 9.00am - 1.00pm Care (MacPherson) Singapore 369573 52 23 May 25^ Fri 9.00am - 1.00pm REACH BGV @ 377A 377A Bukkt Batok Street 31, #01-24 53 24 May 25 Sat 9.00am - 1.00pm Toa Payoh Central Zone 4 Blk 99C Lor 2 Toa Payoh #01-21 54 24 May 25 Sat 9.00am - 1.00pm Bethesda Chapel 27 Lor Melayu 55 24 May 25 Sat 9.00am - 1.00pm Pasir Ris Central CC Blk 536 Pasir Ris D 1 #01-286, Singapore 310336 56 24 May 25 Sat 9.00am - 1.00pm Pasir Ris Central CC Blk 503 Pasir Ris D 1 #01-286, Singapore 310336 56 24 May 25 Sat 9.00am - 1.00pm Pioneer Zone 9 RN Blk 602 Jurong West Street 62, #01-175/177 57 24 May 25 Sat 9.00am - 1.00pm Chong Hua Tong AAC Singapore 446020 58 26 May 25^ Mon 8.30am - 12.30pm THK Active Ageing Centre @ Blk 509B Bedok North Street 3 #02-157, Kaki Bukit Singapore 462509 59 26 May 25^ Mon 9.00am - 5.00pm Crer Orang AAC - Punggol Blk 2 | 50 | 22 May 25 | Thu | 9.00am - 1.00pm | | • |
| Lare (MacAnerson) Singapore 305973 52 23 May 25^ Fri 9.00am - 1.00pm REACH BGV @ 377A 377A Bukit Batok Street 31, #01-24 Singapore 651377 53 24 May 25 Sat 9.00am-1.00pm Toa Payoh Central Zone 4 RN Bik 995 Lor 7 Toa Payoh #01-21 54 24 May 25 Sat 9.00am-1.00pm Bethesda Chapel 27 Lor Melayu Singapore 312099 54 24 May 25 Sat 9.00am - 1.00pm Pasir Ris Central CC Bik 530 Pasir Ris D 1 #01-286, Singapore 239329 55 24 May 25 Sat 9.00am - 1.00pm Pasir Ris Central CC Bik 502 Pasir Ris D 1 #01-286, Singapore 239329 57 24 May 25 Sat 9.00am - 1.00pm Pioneer Zone 9 RN #01-175/177 58 26 May 25^^ Mon 8.30am - 12.30pm THK Active Ageing Centre @ Kaki Bukit Bik 509B Bedok North Street 3 #02-157, Singapore 240602 59 26 May 25^^ Mon 9.00am - 5.00pm Precious AAC - Punggol Bik 112 Punggol Walk, #01-627, Singapore 822211 61 29 May 25 Thu 1.00pm - 5.00pm St Luke's ElderCare (CARE) (SLEC) Anchorvale Bik 16 Marsiling Lane #01-195, | 51 | 22 May 25 | Fri | 9 00am - 1 00pm | Lentor Health Senior Day | 2 MACPHERSON WALK, |
| 52 23 May 25 ⁿ Fri 9:00am - 1:00pm REACH BoV @ 37A Singapore 651377 53 24 May 25 Sat 9:00am - 1:00pm Toa Payoh Central Zone 4 RN Bik 99C Lor 2 Toa Payoh #01-21 Singapore 312099 54 24 May 25 Sat 9:00am - 1:00pm Bethesda Chapel Singapore 312099 55 24 May 25 Sat 9:00am - 1:00pm Pasir Ris Central CC Bik 536 Pasir Ris Dr 1:01:286, Singapore 239329 56 24 May 25 Sat 9:00am - 1:00pm Pioneer Zone 9 RN Bik 602 Jurong West Street 62, Hint Yan Road Singapore 640602 57 24 May 25 Sat 9:00am - 1:00pm Pioneer Zone 9 RN Bik 509B Bedok North Street 3 #02-157, Singapore 462509 58 26 May 25^h Mon 8:30am - 12:30pm Chong Hua Tong AAC Singapore 210047 60 27-May-25 Tue 9:00am - 5:00pm Precious AAC - Punggol Ripples Bik 1353 Anchorvale Ln, #01-01 61 29 May 25 Thu 1:00pm - 5:00pm St Luke's ElderCare (CARE) Singapore 540353 Singapore 540353 62 31 May 25 Sat 9:00am - 1:00pm Care C | 21 | 25 Way 25 | ГП | 9.00am - 1.00pm | Care (MacPherson) | |
| 53 24 May 25 Sat 9.00am-1.00pm Toa Payoh Central Zone 4 RN Bik 99C Lor 2 Toa Payoh #01-21 Singapore 312099 54 24 May 25 Sat 9.00am-1.00pm Bethesda Chapel 27 Lor Melayu Singapore 416913 55 24 May 25 Sat 9.00am - 1.00pm Pasir Ris Central CC Bik 536 Pasir Ris D 1 #01-286, Singapore 510536 56 24 May 25 Sat 9.00am - 1.00pm Pasir Ris Central CC Bik 602 Jurong West Street 62, Mingapore 239329 57 24 May 25 Sat 9.00am - 1.00pm Pioneer Zone 9 RN Bik 602 Jurong West Street 62, Mingapore 640602 58 26 May 25^A Mon 8.30am - 12.30pm THK Active Ageing Centre @ Kaki Bukit Bik 509B Bedok North Street 3 #02-157, Singapore 640502 59 26 May 25^A Mon 9.00am - 1.00pm Chong Hua Tong AAC Singapore 210047 60 27-May-25 Tue 9.00am - 5.00pm Precious AAC - Punggol Ripples Bik 211B Punggol Wak, #01-627, Singapore 340353 61 29 May 25 Thu 1.00pm - 5.00pm St Luke's ElderCare (CARE) Singapore 730016 Singapore 730016 62 31 May 25 | 52 | 23 May 25^ | Fri | 9.00am - 1.00pm | REACH BGV @ 377A | - |
| 53 24 May 25 Sat 9.00am-1.00pm RN Singapore 312099 54 24 May 25 Sat 9.00am-1.00pm Bethesda Chapel 27 Lor Melayu 55 24 May 25 Sat 9.00am - 1.00pm Pasir Ris Central CC Blk 536 Pasir Ris Dr 1401-286, Singapore 510536 56 24 May 25 Sat 9.00am - 1.00pm Singapore Buddhist Lodge 17 - 19 Kim Yam Road Singapore 33929 57 24 May 25 Sat 9.00am - 1.00pm Pioneer Zone 9 RN Blk 602 Jurong West Street 62, #017-175/177 58 26 May 25^A Mon 8.30am - 12.30pm THK Active Ageing Centre @ Kaki Bukit Blk 509B Bedok North Street 3 #02-157, Singapore 462509 59 26 May 25^A Mon 9.00am - 1.00pm Chong Hua Tong AAC 47 Owen Rd, #01-251 60 27-May-25 Tue 9.00am - 5.00pm Precious AAC - Punggol Ripples Blk 353 Anchorvale Ln, #01-01 61 29 May 25 Sat 9.00am - 1.00pm Care Corner AAC Blk 16 Singapore 32010 62 31 May 25 Sat 9.00am - 1.00pm Care Corner AAC Blk 16 Singapore 640523 </td <td></td> <td></td> <td></td> <td></td> <td>Toa Pavoh Central Zone 4</td> <td></td> | | | | | Toa Pavoh Central Zone 4 | |
| 54 24 May 25 Sat 9.00am 1.00pm Bethesda Chapel 27 Lor Melayu Singapore 416913 55 24 May 25 Sat 9.00am - 1.00pm Pasir Ris Central CC Bik S36 Pasir Ris Or 1401-286, Singapore 510536 56 24 May 25 Sat 9.00am - 1.00pm Singapore Buddhist Lodge 17 - 19 Kim Yam Road Singapore 239329 57 24 May 25 Sat 9.00am - 1.00pm Pioneer Zone 9 RN Bik 602 Jurong West Street 62, #01-175/177 58 26 May 25^A Mon 8.30am - 12.30pm THK Active Ageing Centre @ Kaki Bukit Bik 503 Bedok North Street 3 #02-157, Singapore 440602 59 26 May 25^A Mon 9.00am - 1.00pm Chong Hua Tong AAC Singapore 820210 60 27-May-25 Tue 9.00am - 5.00pm Precious AAC - Punggol Ripples Bik 2118 Punggol Walk, #01-627, Singapore 540353 61 29 May 25 Thu 1.00pm - 5.00pm St Luke's ElderCare (CARE) (SEC) Anchorvale Bik 33 Anchorvale Ln, #01-01 63 31 May 25 Sat 9.00am - 1.00pm Care Corner AAC Bik 16 Singapore 449274 63 31 May 25 Sat 9.00 | 53 | 24 May 25 | Sat | 9.00am-1.00pm | - | - |
| 55 24 May 25 Sat 9.00am - 1.00pm Pasir Ris Central CC Bik 536 Pasir Ris D 1 #01-286, Singapore 510536 56 24 May 25 Sat 9.00am - 1.00pm Singapore Buddhist Lodge 17 - 19 Kim Yam Road Singapore 239329 57 24 May 25 Sat 9.00am - 1.00pm Pioneer Zone 9 RN Blk 602 Jurong West Street 62, #01-175/177 57 24 May 25 Sat 9.00am - 1.00pm THK Active Ageing Centre @ Kaki Bukit Blk 509B Bedok North Street 3 #02-157, Singapore 462509 59 26 May 25^A Mon 9.00am - 1.00pm Chong Hua Tong AAC 47 Owen Rd, #01-251 Singapore 462509 60 27-May-25 Tue 9.00am - 5.00pm Precious AAC - Punggol (SLEC) Anchorvale Blk 353 Anchorvale In, #01-01 Singapore 820211 61 29 May 25 Thu 1.00pm - 5.00pm St Luke's ElderCare (CARE) (SLEC) Anchorvale Blk 16, Marsiling Lane #01-195, Singapore 730016 62 31 May 25 Sat 12.30pm - 4.30pm Zion Serangoon Bible Presbyterian Church 3 Tavistock Avenue, Singapore 555108 64 31 May 25 Sat 9.00am - 1.00pm Church of Singapore Singapore 6406255 | E 4 | 24 May 25 | Cat | 0.000 | Datharda Charal | |
| 55 24 May 25 Sat 9.00am - 1.00pm Pasir Ris Central CC Singapore 510536 56 24 May 25 Sat 9.00am - 1.00pm Singapore Buddhist Lodge 17 - 19 Kim Yam Road Singapore 239329 57 24 May 25 Sat 9.00am - 1.00pm Pioneer Zone 9 RN #01-175/177 Singapore 640602 58 26 May 25^ Mon 8.30am - 12.30pm THK Active Ageing Centre @ Kaki Bukit Bik 509B Bedok North Street 3 #02-157, Singapore 462509 59 26 May 25^ Mon 9.00am - 1.00pm Chong Hua Tong AAC 47 Owen Rd, #01-251 Singapore 210047 60 27-May-25 Tue 9.00am - 5.00pm Precious AAC - Punggol Ripples Bik 353 Anchorvale In, #01-01 Singapore 540353 61 29 May 25 Thu 1.00pm - 5.00pm St Luke's ElderCare (CARE) (SLEC) Anchorvale Bik 16, Marsiling Lane #01-195, Singapore 540353 62 31 May 25 Sat 9.00am - 1.00pm Care Corner AAC Bik 16 Singapore 540353 63 31 May 25 Sat 9.00am - 1.00pm Church of Singapore 3 Tavistock Avenue, Singapore 55108 64 31 May 25^/ Sat <t< td=""><td>54</td><td>24 May 25</td><td>Sat</td><td>9.00am-1.00pm</td><td>Bethesda Chapel</td><td>Singapore 416913</td></t<> | 54 | 24 May 25 | Sat | 9.00am-1.00pm | Bethesda Chapel | Singapore 416913 |
| 56 24 May 25 Sat 9.00am - 1.00pm Singapore Buddhist Lodge 17 - 19 Kim Yam Road Singapore 239329 57 24 May 25 Sat 9.00am - 1.00pm Pioneer Zone 9 RN Blk 602 Jurong West Street 62, #01-175/177 58 26 May 25^ Mon 8.30am - 12.30pm THK Active Ageing Centre @ Kaki Bukit Blk 509B Bedok North Street 3 #02-157, Singapore 462602 59 26 May 25^ Mon 9.00am - 1.00pm Chong Hua Tong AAC Singapore 210047 60 27-May-25 Tue 9.00am - 5.00pm Precious AAC - Pungol (SLEC) Anchorvale Blk 211B Pungol Walk, #01-627, Singapore 540353 61 29 May 25 Thu 1.00pm - 5.00pm St Luke's ElderCare (CARE) (SLEC) Anchorvale Blk 153 Anchorvale In, #01-01 (SLEC) Anchorvale 63 31 May 25 Sat 12.30pm - 4.30pm Zion Serangoon Bible Presbyterian Church 3 Tavistock Avenue, Singapore 555108 64 31 May 25 Sat 9:00am - 1.00pm Church of Singapore Singapore 449274 65 31 May 25 Sat 9:00am - 1.00pm Church of Singapore 3 Tavistock Avenue, Singapore 555108 64 31 May | 55 | 24 May 25 | Sat | 0.000m 1.00nm | Bacir Pic Control CC | Blk 536 Pasir Ris Dr 1 #01-286, |
| 56 24 May 25 Sat 9.00am - 1.00pm Singapore Buddhist Lodge Singapore 239329 57 24 May 25 Sat 9.00am - 1.00pm Pioneer Zone 9 RN Blk 602 Jurong West Street 62, #01-175/177 58 26 May 25^ Mon 8.30am - 12.30pm THK Active Ageing Centre @ Kaki Bukit Blk 509B Bedok North Street 3 #02-157, Singapore 462509 59 26 May 25^ Mon 9.00am - 1.00pm Chong Hua Tong AAC 3ragapore 420047 60 27-May-25 Tue 9.00am - 5.00pm Precious AAC - Punggol Ripples Blk 211B Punggol Walk, #01-627, Singapore 822211 61 29 May 25 Thu 1.00pm - 5.00pm St Luke's ElderCare (CARE) (SLEC) Anchorvale Blk 353 Anchorvale Ln, #01-01 63 31 May 25 Sat 9.00am - 1.00pm Care Corner AAC Blk 16 Singapore 54053 64 31 May 25 Sat 2.00pm - 6.00pm Church of Singapore 3 Tavistock Avenue, Singapore 54062 65 31 May 25^A Sat 9.00am - 1.00pm Church of Singapore Singapore 640625 66 31 May 25^A Sat 9.00am - 1.00pm BOON LAY | 55 | 24 Way 25 | Sat | 9.00am - 1.00pm | | |
| Singapore Singapore <t< td=""><td>56</td><td>24 May 25</td><td>Sat</td><td>9 00am - 1 00nm</td><td>Singanore Buddhist Lodge</td><td></td></t<> | 56 | 24 May 25 | Sat | 9 00am - 1 00nm | Singanore Buddhist Lodge | |
| 57 24 May 25 Sat 9.00am - 1.00pm Pioneer Zone 9 RN #01-175/177 Singapore 640602 58 26 May 25^ Mon 8.30am - 12.30pm THK Active Ageing Centre @ Kaki Bukit Bik 509B Bedok North Street 3 #02-157, Singapore 462509 59 26 May 25^ Mon 9.00am - 1.00pm Chong Hua Tong AAC 47 Owen Rd, #01-251 60 27-May-25 Tue 9.00am - 5.00pm Precious AAC - Punggol Bilk 211B Punggol Walk, #01-627, Singapore 822211 61 29 May 25 Thu 1.00pm - 5.00pm St Luke's ElderCare (CARE) (SLEC) Anchorvale Bilk 353 Anchorvale Ln, #01-01 62 31 May 25 Sat 9.00am - 1.00pm Care Corner AAC Blk 16 Bilk 16, Marsiling Lare #01-195, Singapore 730016 63 31 May 25 Sat 12.30pm - 4.30pm Zion Serangoon Bible Presbyterian Church 3 Tavistock Avenue, Singapore 555108 64 31 May 25 Sat 9.00am - 1.230pm BOON LAY ZONE J RN Bilk 625 Jurong West Street 61, #01-161, Singapore 640625 66 31 May 25^ Sat 9.00am - 1.00pm Keat Hong Zone 2 Residents' Network Bilk 273 Choa Chu Kang Avenue 2, Singapore 730846 67 <td>50</td> <td>24 Way 25</td> <td>540</td> <td>5.00am - 1.00pm</td> <td>Singapore Buddinst Louge</td> <td></td> | 50 | 24 Way 25 | 540 | 5.00am - 1.00pm | Singapore Buddinst Louge | |
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| 58 26 May 25^ Mon 8.30am - 12.30pm THK Active Ageing Centre @ Kaki Bukit Blk 509B Bedok North Street 3 #02-157, Singapore 462509 59 26 May 25^ Mon 9.00am - 1.00pm Chong Hua Tong AAC 47 Owen Rd, #01-251 Singapore 210047 60 27-May-25 Tue 9.00am - 5.00pm Precious AAC - Punggol Ripples Blk 211B Punggol Walk, #01-627, Singapore 822211 61 29 May 25 Thu 1.00pm - 5.00pm St Luke's ElderCare (CARE) (SLEC) Anchorvale Blk 353 Anchorvale Ln, #01-01 Singapore 540353 62 31 May 25 Sat 9.00am - 1.00pm Care Corner AAC Blk 16 Blk 16, Marsiling Lane #01-195, Singapore 730016 63 31 May 25 Sat 12.30pm - 4.30pm Zion Serangoon Bible Presbyterian Church 3 Tavistock Avenue, Singapore 555108 64 31 May 25 Sat 9:00am - 12:30pm BOON LAY ZONE J RN Blk 625 Jurong West Street 61, #01-161, Singapore 640625 66 31 May 25^A Sat 9:00am - 1.00pm Keat Hong Zone 6 RN Centre Blk 273 Choa Chu Kang Avenue 2, #01-241 67 01 Jun 25 Sun 9:00am - 1.00pm Keat Hong Zone 6 RN Centre Blk 273 Choa Chu Kang Av | 57 | 24 May 25 | Sat | 9.00am - 1.00pm | Pioneer Zone 9 RN | |
| S8 Z6 May 25 ^A Mon 8.30am - 12.30pm Kaki Bukit Singapore 462509 59 26 May 25 ^A Mon 9.00am - 1.00pm Chong Hua Tong AAC 47 Owen Rd, #01-251 Singapore 210047 60 27-May-25 Tue 9.00am - 5.00pm Precious AAC - Punggol Ripples Blk 211B Punggol Walk, #01-627, Singapore 822211 61 29 May 25 Thu 1.00pm - 5.00pm St Luke's ElderCare (CARE) (SLEC) Anchorvale Blk 353 Anchorvale In, #01-01 Singapore 540353 62 31 May 25 Sat 9.00am - 1.00pm Care Corner AAC Blk 16 Blk 16, Marsiling Lane #01-195, Singapore 730016 63 31 May 25 Sat 12.30pm - 4.30pm Zion Serangoon Bible Presbyterian Church 3 Tavistock Avenue, Singapore 555108 64 31 May 25 Sat 2.00pm - 6.00pm Church of Singapore 145 Marine Parade Road, Singapore 449274 65 31 May 25^A Sat 9:00am - 1.00pm Woodlands Zone 2 Residents' Network Blk 625 Jurong West Street 61, #01-161, Singapore 730846 66 31 May 25^A Sat 9:00am - 1.00pm Keat Hong Zone 6 RN Centre Blk 273 Choa Chu Kang Avenue 2, #01-241 Singapore 730846< | | | | | | |
| 59 26 May 25^ Mon 9.00am - 1.00pm Chong Hua Tong AAC 47 Owen Rd, #01-251 Singapore 210047 60 27-May-25 Tue 9.00am -5.00pm Precious AAC - Punggol Ripples Blk 211B Punggol Walk, #01-627, Singapore 822211 61 29 May 25 Thu 1.00pm - 5.00pm St Luke's ElderCare (CARE) (SLEC) Anchorvale Blk 353 Anchorvale Ln, #01-01 Singapore 822213 62 31 May 25 Sat 9.00am - 1.00pm Care Corner AAC Blk 16 Blk 16, Marsiling Lane #01-195, Singapore 730016 63 31 May 25 Sat 12.30pm - 4.30pm Zion Serangoon Bible Presbyterian Church 3 Tavistock Avenue, Singapore 555108 64 31 May 25 Sat 2.00pm - 6.00pm Church of Singapore 145 Marine Parade Road, Singapore 449274 65 31 May 25^ Sat 9:00am - 12:30pm BOON LAY ZONE J RN Blk 625 Jurong West Street 61, #01-161, Singapore 640625 66 31 May 25^ Sat 9:00am - 1.00pm Keat Hong Zone 6 RN Centre Blk 273 Choa Chu Kang Avenue 2, #01-241 67 01 Jun 25 Sun 9.00am - 1.00pm Keat Hong Zone 6 RN Centre Blk 273 Choa Chu Kang Avenue 2, #01-241 < | 58 | 26 May 25^ | Mon | 8.30am - 12.30pm | | |
| 5926 May 25^Mon9.00am9.00amChong Hua Yong AACSingapore 2100476027-May-25Tue9.00am9.00amPrecious AAC - Punggol RipplesBlk 211B Punggol Walk, #01-627, Singapore 8222116129 May 25Thu1.00pm - 5.00pmSt Luke's ElderCare (CARE) (SLEC) AnchorvaleBlk 353 Anchorvale Ln, #01-01 Singapore 5403536231 May 25Sat9.00am - 1.00pmCare Corner AAC Blk 16Blk 16, Marsiling Lane #01-195, Singapore 7300166331 May 25Sat12.30pm - 4.30pmZion Serangoon Bible Presbyterian Church3 Tavistock Avenue, Singapore 5551086431 May 25Sat2.00pm - 6.00pmChurch of Singapore145 Marine Parade Road, Singapore 4492746531 May 25^Sat9:00am - 12:30pmBOON LAY ZONE J RNBlk 625 Jurong West Street 61, #01-161, Singapore 6406256631 May 25^Sat9:00am - 1.00pmWoodlands Zone 2 Residents' NetworkBlk 846 Woodlands Avenue 4 #01-612 Singapore 7308466701 Jun 25Sun9:00am - 1.00pmKeat Hong Zone 6 RN Centre Hong Zone 6 RN CentreBlk 273 Choa Chu Kang Avenue 2, #01-241 Singapore 6802736810 Jun 25Tue9:00am - 1.00pmHeartbeat @ Bedok11 Bedok North Street 1, Level 1 Singapore 4696626912 Jun 25Thu9:00am - 1.00pmKwong Wai Shui Hospital@PP51 Potong Pasir Ave 1 Singapore 358400 | | | | | | = · |
| 6027-May-25Tue9.00am -5.00pmPrecious AAC - Punggol RipplesBlk 211B Punggol Walk, #01-627, Singapore 8222116129 May 25Thu1.00pm - 5.00pmSt Luke's ElderCare (CARE) (SLEC) AnchorvaleBlk 353 Anchorvale Ln, #01-01 Singapore 5403536231 May 25Sat9.00am - 1.00pmCare Corner AAC Blk 16Blk 16, Marsiling Lane #01-195, Singapore 7300166331 May 25Sat12.30pm - 4.30pmZion Serangoon Bible Presbyterian Church3 Tavistock Avenue, Singapore 5551086431 May 25Sat2.00pm - 6.00pmChurch of Singapore145 Marine Parade Road, Singapore 4492746531 May 25^Sat9:00am - 12:30pmBOON LAY ZONE J RNBlk 625 Jurong West Street 61, #01-161, Singapore 7308466631 May 25^Sat9:00am - 1.00pmWoodlands Zone 2 Residents' NetworkBlk 273 Choa Chu Kang Avenue 4, #01-612 Singapore 7308466701 Jun 25Sun9.00am - 1.00pmKeat Hong Zone 6 RN Centre Heartbeat @ BedokBlk 273 Choa Chu Kang Avenue 2, #01-2416810 Jun 25Tue9.00am - 1.00pmHeartbeat @ Bedok11 Bedok North Street 1, Level 1 Singapore 4696626912 Jun 25Thu9.00am - 1.00pmKwong Wai Shui Hospital@PP51 Potong Pasir Ave 1 Singapore 358400 | 59 | 26 May 25^ | Mon | 9.00am - 1.00pm | Chong Hua Tong AAC | - |
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| 6810 Jun 25Tue9.00am - 1.00pmHeartbeat @ BedokSingapore 6802736912 Jun 25Thu9.00am - 1.00pmKwong Wai Shui Hospital@PP51 Potong Pasir Ave 1 Singapore 358400 | 67 | 01 Jun 25 | Sun | 9.00am - 1.00pm | Keat Hong Zone 6 RN Centre | _ |
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| 69 12 Jun 25 Thu 9.00am - 1.00pm Kwong Wai Shui Hospital@PP 51 Potong Pasir Ave 1 Singapore 358400 | 69 | 10 Jun 25 | Tuo | 9 00am - 1 00pm | Heartheat @ Padak | 11 Bedok North Street 1, Level 1 |
| 69 12 Jun 25 Thu 9.00am - 1.00pm Hospital@PP Singapore 358400 | 00 | 10 JUII 23 | rue | 3.00am - 1.00pm | _ | |
| Hospital@PP Singapore 358400 | 69 | 12 lun 25 | Thu | 9.00am - 1.00nm | 0 | _ |
| | | | | 21000 | Hospital@PP | |
| 7013 Jun 25Fri9.00am - 1.00pmREACH@Teck Whye VistaBlk 153 Jln Teck Whye, #03-151, Singapore 680153 | 70 | 13 Jun 25 | Fri | 9.00am - 1.00pm | REACH@Teck Whye Vista | |
| Changi Simei Community 10 Simei Street 2 | | 44 | <u> </u> | 0.00 4.55 | Changi Simei Community | |
| 71 14 Jun 25 Sat 9.00am - 1.00pm Club Singapore 529915 | 71 | 14 Jun 25 | Sat | 9.00am - 1.00pm | | |

| S/N | Date | Day | Time | Venue | Address |
|-----|-----------|-----|-----------------|-----------------------------------|--|
| 72 | 14 Jun 25 | Sat | 9.00am - 1.00pm | PCF AAC | 650 Jalan Tenaga #01-22 Singapore 410650 |
| 73 | 14 Jun 25 | Sat | 9.00am - 1.00pm | West Coast Heights RN | Blk 511 West Coast Drive, #01-343 Singapore 120511 |
| 74 | 14 Jun 25 | Sat | 9.00am - 1.00pm | Compassvale Mast RN | Blk 216D Compassvale Drive #01-580 Singapore 543216 |
| 75 | 15 Jun 25 | Sun | 9.00am - 1.00pm | Jalan Besar Boon Keng Ville RN | Blk 14A Upper Boon Keng Rd #01-973, Singapore 381014 |
| 76 | 15 Jun 25 | Sun | 9.00am - 1.00pm | Hong Kah North CC | 30 Bukit Batok St 31 Singapore 659440 |
| 77 | 15 Jun 25 | Sun | 9.00am - 1.00pm | Yew Tee Zone 11 RC | Blk 685C Choa Chu Kang Crescent, #01-208, Singapore 683685 |

Denote: (^) New insert session / Info updates (date/day/time/venue/address)

End of page