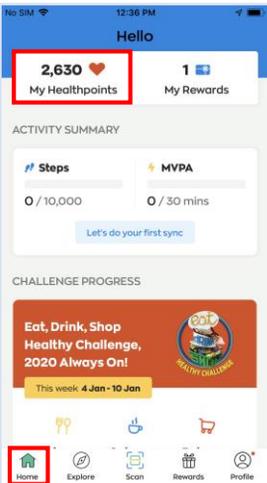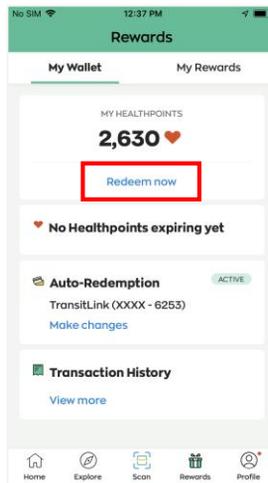# Step-by-Step Guide:
# How to redeem your Healthpoints for rewards

**Step 1**
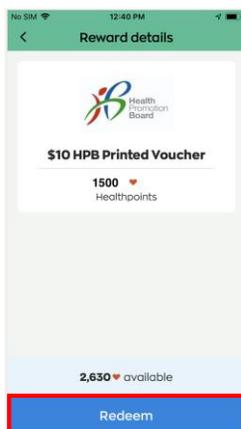To access your Healthpoints, tap on 'My Healthpoints' card on the Homepage.

**Step 2**
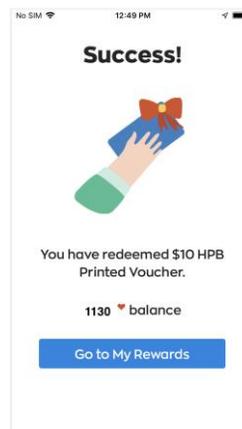Tap on 'Redeem now' once you have sufficient Healthpoints for redemption.

**Step 3**
Browse through the list of catalogue to view all available vouchers.

**Step 4**
Select the type of voucher you would like to redeem with your Healthpoints. Confirm selection by tapping on 'Redeem'.

**Step 5**
A message will appear to confirm a successful redemption.

Aim for 150

Aim for 10,000 steps per day

For enquiries, please call 1800 567 2020 or email us at stepschallenge@hpb.gov.sg
stepschallenge.sg | #moveit150 | #my10ktoday
**Championing: Let's Beat Diabetes**