

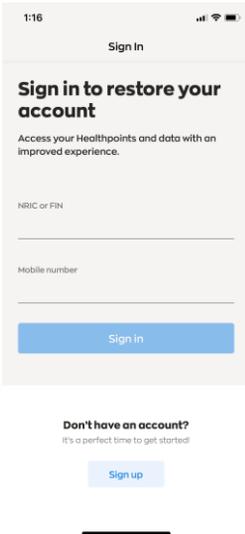
How to make an appointment to collect your free HPB fitness tracker for National Steps Challenge™

Step 1



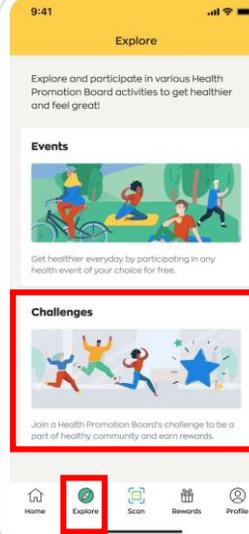
Download or update to the latest version of the Healthy 365 app*.

*The latest version of the Healthy 365 app requires a minimum of Android 6 or iOS 10.



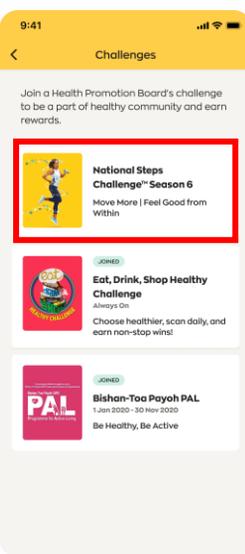
Step 2

Create or restore your profile.
A 4-digit One-Time-Password (OTP) will be sent via SMS to your registered mobile number.



Step 3

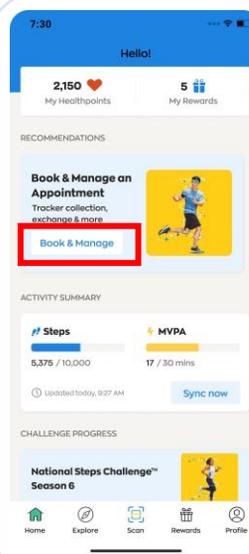
Tap on "Explore" under Menu and then tap "Challenges".



Step 4

Tap on "National Steps Challenge™ Season 6" and agree to the Terms & Conditions to join the challenge if you have not yet done so.

You may also need to complete the Health Declaration if you have not done so previously.



Step 5

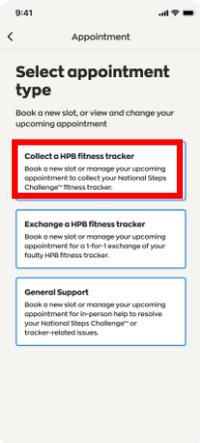
Go to "Home" page, look for the "Book & Manage an appointment" section. Tap "Book & Manage".

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Step 6

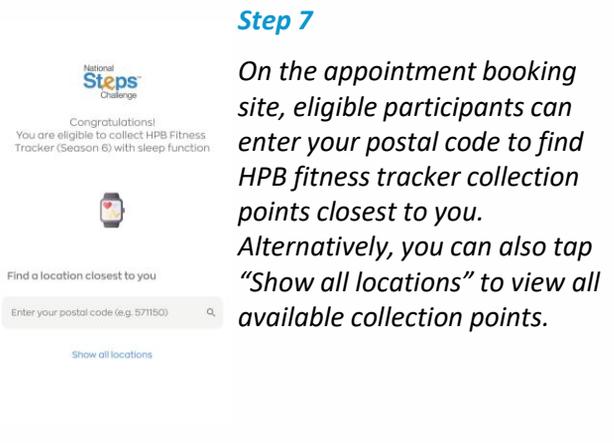
Tap "Collect a HPB fitness tracker". Eligible participants¹ will be redirected to the appointment booking site.

¹ You are eligible if you have a valid NRIC number and (i) did not collect a HPB fitness tracker in Season 5; **and/or** (ii) completed all 6 "Steps Rewards" tiers in previous seasons.



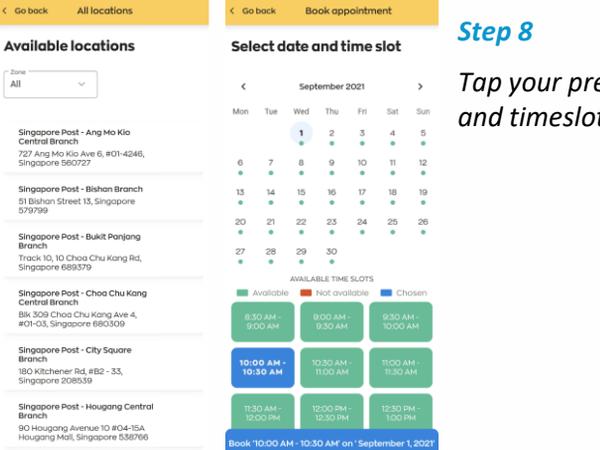
Step 7

On the appointment booking site, eligible participants can enter your postal code to find HPB fitness tracker collection points closest to you. Alternatively, you can also tap "Show all locations" to view all available collection points.



Step 8

Tap your preferred collection location and select your desired date and timeslot.



Step 9 (i)

Review your appointment details.

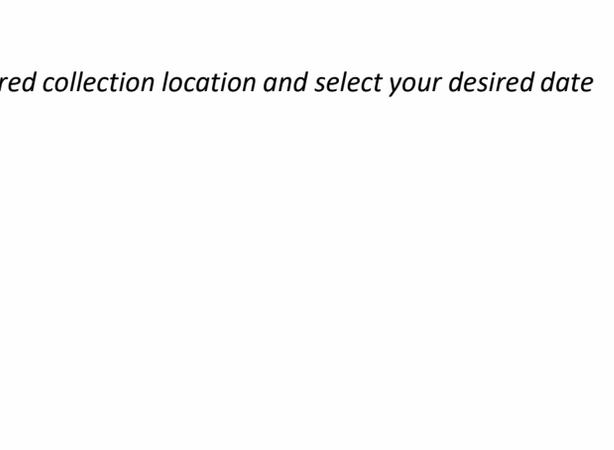
Step 9 (ii)

Provide your 'Name' and 'Mobile number' to confirm your appointment and receive updates from HPB.

Note: If you wish to receive a confirmation email, do also provide a valid email address.

Step 9 (iii)

A one-time password (OTP) will be sent to your mobile number. Enter the 6-digit OTP to verify your mobile number.



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Appointment confirmation

If you would like to authorise someone to collect the HPB fitness tracker on your behalf, please tap on their email address below to send them a copy of this Appointment Confirmation. They will need to present this Appointment Confirmation and a copy of your photo identity card (NRC/Driving License) during collection.

Step 10 (Optional)

If you would like to authorise someone else to collect your fitness tracker on behalf, please enter their 'Name' and 'Email address' and tap "Send Email" for them to receive the confirmation email.

Appointment details

Please present this QR code to collect your HPB fitness tracker



Sep 1, 2021

10:00 AM to 10:30 AM

Appointment details

Please present this QR code to collect your HPB fitness tracker



Sep 1, 2021

10:00 AM to 10:30 AM

Tampines Central Post Office, 5 Tampines Central 5, #01-24/25, Telepark, Singapore 529482

Collection

Eligible item HPB Fitness Tracker (Season 6) with sleep function

6CWKRYJ3Y1A

Step 11

Check your confirmed appointment details and take note of the instructions and items to bring during collection.

On the day of your appointment, please present your photo ID alongside with either of the following to the staff at the collection location:

- (i) The QR code on the appointment confirmation page on Healthy 365 app (Repeat Step 5 & 6 to view your appointment details) or
- (ii) Appointment confirmation email.

Please check your junk/spam folder if you did not receive the confirmation email in your inbox.

How to change/cancel an appointment?

Appointment details

Please present this QR code to collect your HPB fitness tracker



Sep 1, 2021

10:00 AM to 10:30 AM

Tampines Central Post Office, 5 Tampines Central 5, #01-24/25, Telepark, Singapore 529482

Collection

Eligible item HPB Fitness Tracker (Season 6) with sleep function

6CWKRYJ3Y1A

Follow Steps 5 & 6 to retrieve your appointment details from Healthy 365 app.

Then tap:

- (i) "Reschedule" to change your appointment, or
- (ii) "Cancel appointment" to cancel your appointment.

A new appointment confirmation and QR code will be generated if a new appointment is made. Please use the latest appointment confirmation details when you are collecting your HPB fitness tracker.