

WAYS TO MANAGE STIGMATISATION

Or you can contact the following diabetes groups:

Diabetes Singapore

Email: enquiry@diabetes.org.sg

(65) 6564 9818

<https://www.diabetes.org.sg/>

TOUCH Diabetes Support

Email: tds@touch.org.sg

(65) 6377 0122

typeOne.sg

<https://www.facebook.com/groups/typeonesg>

