

STIGMATISATION OF INDIVIDUALS WITH DIABETES



- Diabetes stigma includes the **experience** of exclusion, rejection, prejudice, and blame that some people with diabetes encounter. Learn how to identify this stigma, how it can lead to worse health outcomes, and what you can do to stand up to it.
- **Stigmatisation** can be a major challenge for **those** with diabetes **and** exists everywhere, including in the family, school, workplace, and healthcare **settings**. It prevents people from seeking care and managing their physical and mental health.