





How to sign up for National Steps Challenge[™] Season 6



Step 1

Download or update to the latest version of the Healthy 365 app*.

*The latest version of the Healthy 365 app requires your device to be running on at least Android 6 or iOS 10.

Sign in to restore your account	
NRIC or FIN	
Mobile number	
	Sign in
Don"	t have an account? effect time to get started

Step 2

Create or restore your profile.

A 4-digit One-Time-Password (OTP) will be sent via SMS to your registered mobile number.



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Step 3

Pair your preferred fitness tracking mode with the Healthy 365 app, if you have not yet done so.



Tap on "Explore" under Menu and

then tap "Challenges".

Challenges

9:41

Step 5

Tap on "National Steps Challenge™".



Step 6

Agree to the Terms & Conditions, complete your Health Declaration and tap "Join Now".

Congratulations, you have successfully joined the challenge!



Step 4

For enquiries, please call 1800 567 2020 or email us at stepschallenge@hpb.gov.sg stepschallenge.gov.sg | #moveit150 | #my10ktoday Championing: Let's Beat Diabetes