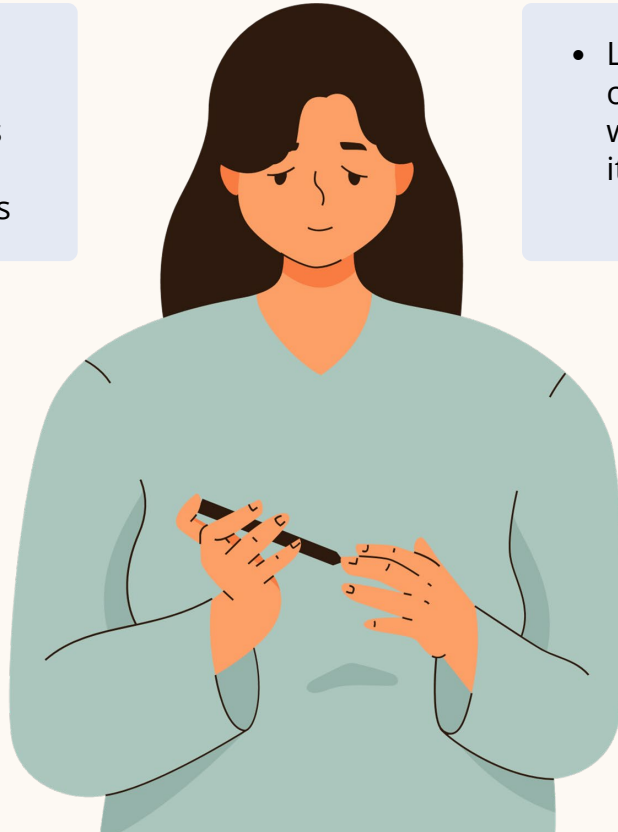


3. Learn what low blood sugar is

- People with diabetes can experience '**hypoglycaemia**' or low blood sugar (blood sugar less than 4.0 mmol/L) when they use insulin or certain oral medications



- Learn about the signs and symptoms of **low blood sugar**, how to treat it when it happens, and how to prevent it from happening