

Different ways to test your blood sugar level

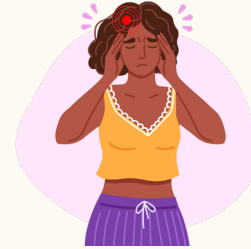
**For individuals with Type 2 diabetes,
consider self-monitoring (using a glucometer), if you are**



At increased risk of
developing
hypoglycaemia (low
blood sugar)



Pregnant with pre-
existing diabetes or
Gestational Diabetes



Experiencing acute illness



Having difficulty
achieving glycaemic goals



Fasting for religious
reasons (e.g., Ramadan)