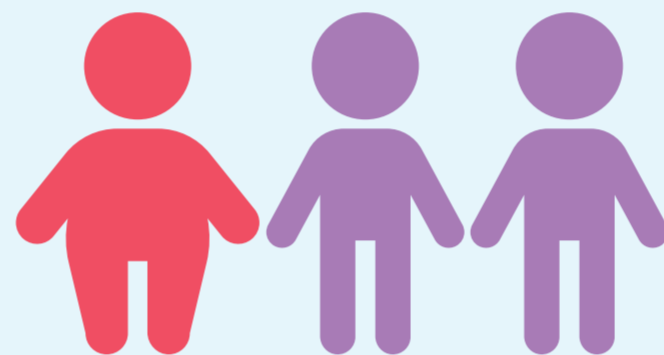
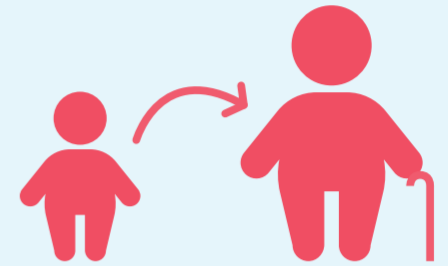


Take Action Early to Maintain a Healthy Weight For Your Child



70% of children
may not outgrow
obesity if nothing
is being done



1 in 3
students

with BMI above 95% of their
peers has **abnormal blood pressure,**
cholesterol, or blood sugar levels



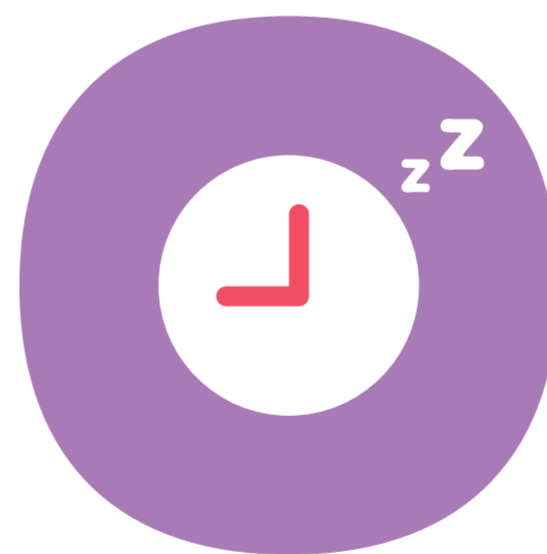
Start now by:



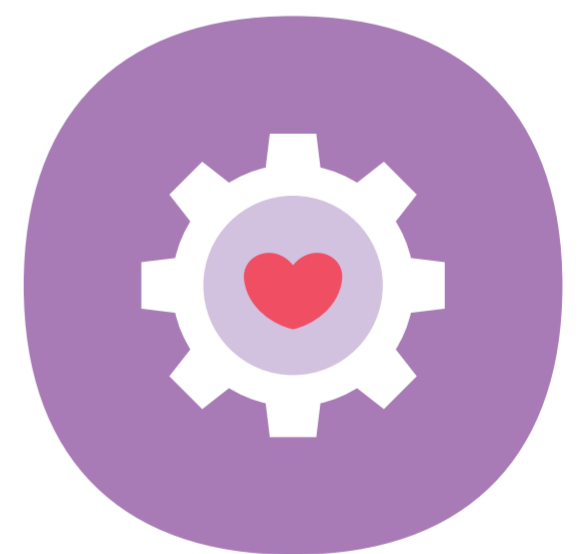
**Eating
healthy**



**Increasing
physical
activity**



**Ensuring
adequate sleep**



**Managing
stress**



Scan here for how you
can start your child's
weight loss journey!

