

# How to pair and sync to other fitness tracking sources (For those not using HPB Fitness Tracker)

9:41	- 🕈 In.	9:41 <b>i t 🗢 </b>	9:41 al 🗢 🗮	For new users
-	Hello	< Start pairing	K Fitness apps	Step 1
0 🤎 My Healthpol	o 🖬 Ints My Rewards	What would you like to pair? You may have a HP3 tracker or your	Choose an app	Go to "Home" and tap "Pair your
	e want to hear from you		Here is a list of apps that Healthy 365 supports for your health and tracking act vity.	tracker or app".
Sho imp	arove your Healthy 365 experience.	favourite tracking app to pair	Please moke sure to allow us access to your fitness app data to ensure successful pairing.	Step 2
MY PROGRESS		HPB trackers	panty	Tap "Other fitness apps" to choose your
X		Healthy 365 con pair with trackers from latest seasons	Actxa	preferred fitness tracking source:
	et's get storted!	Other fitness apps	-	<ul> <li>Actxa® mobile app^</li> <li>Apple Health mobile app</li> </ul>
		Healthy 365 is compatible With selected firmess opps	Apple Health	<ul> <li>Apple Health mobile app</li> <li>Fitbit mobile app^</li> </ul>
				<ul> <li>Garmin Connect™ mobile app^</li> </ul>
	Pair your tracker or app Start tracking your actions now		Fitbit	HUAWEI Health mobile app^
	and make them count!		and the second se	<ul> <li>Polar Flow mobile app^</li> </ul>
MYEVENTS			Gormin Connect	<ul> <li>Samsung Health mobile app</li> </ul>
Home Explore	s Scan Rewards Profile		HanwelHealth	^Applicable to selected fitness
			Picare Picari	tracking devices compatible with
				Actxa®, Fitbit, Garmin Connect™,
				HUAWEI Health or Polar Flow apps.





## **Actxa®**

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acebook login is no longer supported by this App.				
ou have previously used Facebook login, enter your sebook account email and tap "Authorise" to set up a mative login. Password is not required at this point.				
Authorise Healthy 365 to access your account				
This application will be able to:				
<ul> <li>Get activity history from your Actxa®</li> </ul>				
account				
<ul> <li>Update activity history to your Actual</li> </ul>				
<ul> <li>Get weight history from your ActxaS account</li> </ul>				
<ul> <li>Get weight history from your Actxas account</li> <li>Update weight history to your Actxa®</li> </ul>				
<ul> <li>Opdate weight restory to your Actuals account</li> </ul>				
<ul> <li>Get list of devices paired to your Actxa®</li> </ul>				
account				
<ul> <li>Get heartRate from your Actva® account</li> </ul>				
<ul> <li>Get heartRate from your Actxa® account</li> </ul>				
Authorise				
- OR -				
Sign in with Apple				
Cancel				

Log in to your Actxa® account and tap on "Authorise" to allow access for the Healthy 365 app.



**Apple Health** 

Apple Health Set up Allow Healthy 365 to access my steps and heart rate data to brack my fitness activity. Allow the Healthy 365 app to access your fitness data on the Apple Health mobile app.

#### **Fitbit**



Log in to your Googlelinked Fitbit account.

Select your preferred Fitbit tracker to allow the Healthy 365 app to access your fitness data on the Fitbit mobile app.

# Garmin Connect™



Log in to your Garmin Connect<sup>™</sup> account to allow the Healthy 365 app to access your fitness data on the Garmin Connect<sup>™</sup> Mobile app.



### **HUAWEI Health**



Log in to your HUAWEI ID to allow the Healthy 365 app to access your fitness data on the HUAWEI Health mobile app.

9:41		<b>?</b> ■
<	Polar Flow	
=	POLAR. FLOW	
1	Sign in	

Log in to your Polar Flow account.

Select your preferred Polar tracker to allow the Healthy 365 app to access your fitness data on the Polar Flow mobile app.

# Samsung Health



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Log Your Macil Home Explore

Scan Rewards Profile

Allow the Healthy 365 app to access your fitness data on the Samsung Health mobile app.

#### Step 3

Note: After pairing your 3<sup>rd</sup> party fitness tracking source to the Healthy 365 app, perform a sync on your 3<sup>rd</sup> party fitness app to update your fitness data.

On the home page of the Healthy 365 app, tap on "sync new fitness tracker" after pairing your preferred 3<sup>rd</sup> party fitness tracking source to complete the set up.