



Your Health Your Baby's Future **Your Choice**



Drug Abuse Affects You & Your Child



The Risks of Drug Abuse



For you:

- Miscarriage
- Pregnancy complications



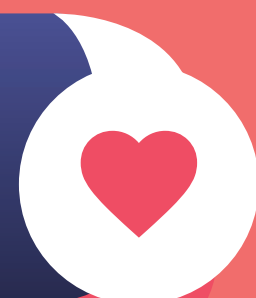
For baby:

- Premature birth
- Low birth weight
- Birth defects
- Withdrawal
- Developmental delays
- Sudden Infant Death Syndrome (SIDS)



If you're struggling with drug abuse

Take Action Today



Talk to your
doctor openly



Call SANA or Family
Service Centres for
confidential support



Reach out to
family, friends,
support groups

**The risks are real but you're not alone
Reach out for support now!**



Seek support today

Contact the Singapore Anti-Narcotics Association
(SANA) on their website

In support of Inter-Ministry Committee on Drug Prevention for Youths



MINISTRY OF HEALTH
SINGAPORE