

Preventing Burns

Accidents may happen if your child comes close to a hot stove or iron. Remember to follow these safety rules to prevent burns/scalds.

What to do when you child has minor burns and scalds:

- #1: Remove the heat source immediately.
- #2: Remove any piece of clothing from your child's burnt area immediately.
- #3: Run cool water over the burnt area for 20 minutes until the pain subsides. Do not use ice.
- #4: Loosely cover the burn with a sterile gauze bandage.



Parents, do NOT do the following:

- Prick, touch or burst any blisters.
- Apply creams, ointments, oils, grease etc. (The exception is for mild sunburn. A moisturiser cream may help to soothe this).
- Put on an adhesive, sticky or fluffy dressing.

Bring your child straight to the Emergency Department or call an ambulance for:

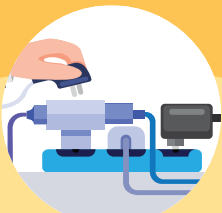
- Electrical or chemical burns
- Full-thickness burns - even small ones that can damage all skin layers and appear white or charred black.
- Partial-thickness burns (i.e., burns which cause blisters) on the face, hands, arms, feet, body, legs or genitals.
- Any burn larger than the size of the hand of the person affected.
- Suspected breathing exposure to fumes or smoke. (Note: Symptoms/ effects may be delayed).



Dial **995** for emergencies.



How you can prevent the risks of burns and scalds:



Ensure power charging devices are certified safe, and do not overload when charging, to avoid the risk of a fire.



Use placemats instead of tablecloths. Avoid leaving hot liquids within your child's reach.



Keep children out of the kitchen while cooking. Turn handles of pots/pans left on the stove inwards. Install stove guards.



Keep your children away when ironing. Ensure that the iron and its cord are stored properly after ironing.

Keep a fire extinguisher in the kitchen.



- Secure thermos flask caps with safety locks.
- Always add hot water to cold water before you bathe your child. Test the water temperature.
- Be alert.



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