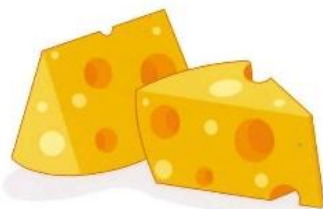


Healthy Food

Sing to the tune "Jingle Bells" (Introduction and Chorus)

**Bananas and beans,
Carrots, peas and cheese,
Oatmeal, bread and rice.
Oh, lots of things taste nice.**



**So when it's time to eat,
I choose what's good for me.
I'm growing bigger every day,
So this is what I say –**

**Oh! Healthy food, healthy food
Make me feel so good.
I can run and jump and play
When I eat what I should.**



**Oh! Healthy food, healthy food
Make me feel so good.
I can run and jump and play
When I eat what I should.**

My Eyes

Sing to the tune "Twinkle twinkle little star"

I have a pair of big bright eyes

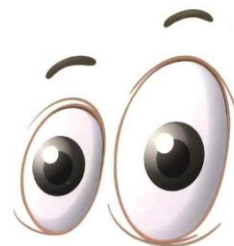
My eyes help me to see far and wide

I must take care of my eyes

So that I can see clearly each time

I will adopt good eye care habits

So that I won't be myopic



Picnic In The Park

Sing to the tune "She'll Be Coming Round the Mountain"

Yes, we'll all go on

A picnic in the park.

Yes, we can see

trees and birds in the park.

Bring some lunch

And bring a ball.

It'll be good for my eyes and body!

Yes, we'll all go on

A picnic in the park.



I Have Many Strong Teeth

Sing to the tune "I'm a little teapot"

I have many strong teeth

Clean and bright

They help me to chew, talk and sing

I will take good care of my teeth

Brushing everyday

To make them clean!



Some People Live In

Sing to the tune "The Old Grey Mare"

**Some people live in apartments
Live in apartments, live in apartments
Some people live in, apartments
That's where some people live.**

**Some people live in; big houses
Live in big houses, live in big houses
Some people live in, big houses
That's where some people live.**

**Some people live in, little houses
Live in little houses, live in little houses
Some people live in, little houses
That's where some people live.**



Twinkle, Traffic Light

Sing to the tune "Twinkle twinkle little star"

**Twinkle, twinkle traffic light,
On the corner, shining bright.
Red man means stop, stop, stop
Green man means walk, walk, walk
When it's flashing, quickly walk
When it turns red, you must stop**

