

PROGRAMME TERMS

LOWER SODIUM PROMOTION 2026

A. ABOUT THE PROMOTION

1. **Promotion Period:** The Lower Sodium Promotion 2026 (“Promotion”) runs from 15 January 2026, 12:00 AM to 31 March 2026, 11:59 PM (“Promotion Period”).
2. **How to earn Digital Stamps and Healthpoints:** During the promotion, you can earn digital stamps and Healthpoints by purchasing “Qualifying Items” from Lower Sodium Promotion 2026 supporting outlets (“Supporting outlets”) listed on healthhub.sg.
3. **How to get your rewards:** After purchasing any qualifying items from supporting outlets, you can get your rewards by scanning the QR Ticket to earn your digital stamps and Healthpoints.
4. **Qualifying Items:** Items qualified for the Promotion are listed on promotional materials displayed at supporting outlets during the Promotion Period.

B. PROMOTION ELIGIBILITY

1. To participate in this promotion, you must:
 - Have a valid Healthy 365 account
 - Be at least 17 years old (based on the year you were born)

C. EARNING OF DIGITAL STAMPS AND HEALTHPOINTS

The following clauses, C1 to C4, are applicable for the purchase of qualifying items at supporting outlets.



1. **How to get your QR Ticket:** This applies to supporting outlets only. Ask the outlet staff for a QR Ticket after you purchased a qualifying item. You must scan the QR Ticket using the Healthy 365 app to earn your Healthpoints and digital stamps. Each qualifying item you purchase gives you one (1) QR Ticket.
2. **QR Ticket expiry:** QR Tickets expire at 11:59 PM the day after you receive them. To ensure you receive your Healthpoints and digital stamps, please scan your QR Ticket before it expires. Health Promotion Board (“HPB”) cannot reimburse or issue rewards for expired QR Tickets.
3. **QR Ticket scanning limit:** Each QR Ticket can only be scanned once, regardless of whether the QR Ticket is scanned successfully or fails. In the event the scanning fails as you have reached your weekly HPs limit, the QR ticket cannot be scanned again. Refer to clause D2 for weekly HPs limit.
4. **Where you can get QR Tickets:** QR Tickets are issued for purchases made at the cashier counter. For online orders, mobile app orders, or third-party delivery orders, check with

the supporting outlet first - they may or may not provide QR Tickets for these purchases.

D. ABOUT HEALTHPOINTS AND HOW TO ACCUMULATE THEM

1. **Healthpoints per QR Ticket:** You earn 10 Healthpoints for each successful QR Ticket scan. These Healthpoints count towards the Qualifying Food category in your Eat, Drink, Shop Healthy 2026 Challenge passport.
2. **Weekly Healthpoints limit:** You can earn up to 150 Healthpoints per week in the Qualifying Food category. Each week runs from Monday at 12:00 AM to Sunday at 11:59 PM. Any QR Tickets scanned after reaching your weekly limit will be marked as used and will not earn you additional Healthpoints.
3. **Where to see your Healthpoints:** Your earned Healthpoints will appear in your Healthy 365 transaction history.

E. EARNING OF DIGITAL STAMPS

1. **Rewards per scan:** Each successful QR Ticket scan on the Healthy 365 app gives you both Healthpoints and a digital stamp under "My Food Passport" in the Eat, Drink, Shop Healthy 2026 Challenge. You can earn a maximum of 15 digital stamps under "My Food Passport" per week.
2. **Where to find your digital stamps:** Your digital stamps appear on your Passport. You earn one (1) digital stamp for each QR Ticket successfully scanned using the Healthy 365 app.
3. **Bonus rewards:** As you collect more digital stamps, you may land on a reward icon  which gives you an extra reward on top of your 10 Healthpoints.
4. **Types of rewards:** You may win eVouchers, bonus Healthpoints, or health tips. Different stamp positions offer different rewards.
5. **How to see available rewards:** Tap on any reward icon  on your Passport to see what you can stand to win. If there are multiple rewards listed, you will receive one of them at random. Any rewards you earn can be found under the "Rewards" section.

F. REQUEST FOR QR REIMBURSEMENT OR CUSTOMER SERVICE SUPPORT

1. **QR Ticket reimbursement request:** You can submit a reimbursement request through the Healthy 365 app. Go to "Contact Helpdesk" under Support.
2. **How to contact us for other questions:** For other questions about the Promotion, contact us at hpb_mailbox@hpb.gov.sg or call **1800 223 1313**. Mobile users may be charged for calls to 1800 numbers.

Our hotline operates from 8am to 6pm Monday to Friday, excluding weekends and public holidays.

G. ALL OTHER INDEMNITY, DISCLAIMERS AND LEGAL INFORMATION

1. **Technical issues and reimbursements:** HPB is not responsible for digital stamps and Healthpoints that cannot be issued due to technical or other problems. Reimbursement is available when:

- You cannot scan the QR Ticket with the Healthy 365 app.
- You did not receive a QR Ticket after purchasing qualifying item(s).
- You received a different number of digital stamps or Healthpoints than expected after scanning the QR Ticket.

If your reimbursement is approved: We will add the eligible digital stamps and Healthpoints to your Healthy 365 account. These will count towards your weekly passport limit based on when we process your reimbursement.

2. **Reimbursement requirements and deadline:** You must contact HPB within 7 days of your purchase (including the purchase day) and provide these documents for us to review your reimbursement request:

- A clear photo of your complete official receipt or online order receipt showing payment details, items purchased, and quantities.
- A clear photo of the QR Ticket you received.

If all required documents are not provided within the deadline, your reimbursement request will be rejected. HPB is not responsible for any Healthpoints or digital stamps that are not credited if you fail to contact us or submit documents on time. See clause F for HPB's contact details.

3. **QR Ticket expiry:** All QR Tickets expire at 11:59 PM the day after you receive them. HPB is not responsible for QR Tickets that are unreadable, misplaced, lost, incomplete, or cannot be used due to technical or other problems.
4. **Refer to the following Terms where applicable:**
 - a) [Programme Terms of Eat, Drink, Shop, Healthy Challenge 2026](#)
 - b) [Terms of Use governing the use of the Healthy 365 mobile application](#)