

# STEP AHEAD OF STROKE

## 尽早预防 远离中风

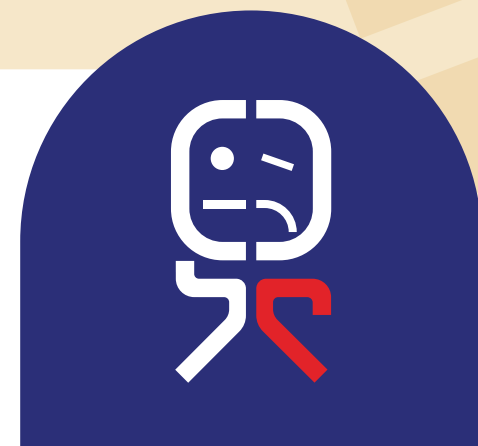
Stroke is an emergency and can be treated.  
Act F.A.S.T. to help recovery.

中风是紧急情况, 但可以治疗。  
谨记 F.A.S.T. 辨识中风, 有助复原。

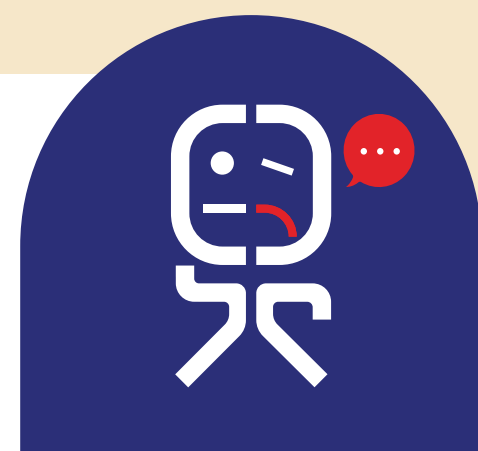
**F** Face drooping  
面部下垂



**A** Arm weakness  
手臂无力



**S** Speech difficulty  
发音困难



**T** Time to call 995  
立即拨打995



Stroke Services Improvement

Supported by the Ministry of Health

**STOP** **SPOT**  
**STROKE** **STROKE**  
Know your risk, reduce your risk Fast discovery helps recovery