



Milo[®] BTO

Ingredients

- 200ml hot water
- 200ml low-fat milk*
- 2 sachets of MILO[®] Gao Siew Dai powder (66g)*

*Choose products with the Healthier Choice Symbol.

Method

- Dissolve MILO[®] Gao Siew Dai powder in hot water. Freeze half of it into cubes. Set aside the remainder.
- Freeze 100ml of milk into cubes. Mix the remaining 100ml of milk with the remaining MILO[®] Gao Siew Dai and warm it up.
- Place a layer of milk cubes at the bottom of a glass. Stack a layer of MILO[®] Gao Siew Dai cubes over it. Alternate layers of MILO[®] Gao Siew Dai and milk cubes until the glass is full.
- Serve with the warm mixture of milk and MILO[®] Gao Siew Dai, to be poured over the cubes.