

Advisory for Parent/Guardian on Vision Screening (Eyesight Test)

Dear Parent/Guardian,

Children have vision screening (eyesight) test done **yearly** in school during the health screening team's visit.

The vision screening (eyesight test) done for your child in school this year showed acceptable vision (visual acuity).

As your child's/ward's vision levels may deteriorate before the next vision screening by the health screening team in the school the following year, parents/guardians are advised to monitor and look out for the following symptoms which may suggest that your child's vision needs correction:

1. Saying that distant objects appear blurred
2. Consistently sitting too close to the TV or holding a book too close when reading
3. Squinting or tilting the head to see better
4. Frequent eye rubbing
5. Sensitivity to light and/or excessive tearing
6. Closing one eye or frowning to read or watch TV
7. Avoiding activities which require near vision, such as reading or homework, or distance vision, such as participating in sports or other recreational activities
8. Complaining of headaches or tired eyes
9. Often makes mistakes when copying from the board

If your child has any of the above symptoms, or if you feel that he/she may have worsening of vision, it would be advisable to bring your child/ward to consult an optometrist for further assessment.