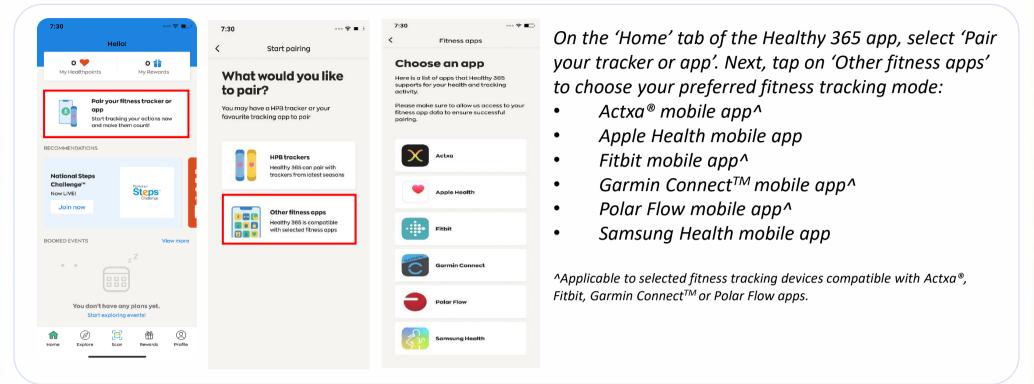






## How to set up other fitness tracking mode (For those not using the HPB Fitness Tracker)

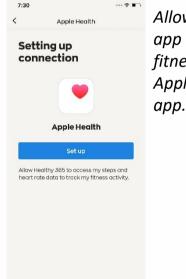


#### Actxa®



Log in to your Actxa® account and tap on 'Authorise' to allow access for the Healthy 365 app.

### Apple Health



#### Allow the Healthy 365 app to access your fitness data on the Apple Health mobile app.



Fitbit

**Fitbit** 

# Log in to your Fitbit account.

Select your preferred Fitbit tracker to allow the Healthy 365 app to access your fitness data on the Fitbit mobile app.

### Garmin Connect<sup>™</sup>

7:30		••• 🕈 🔳
<	Garmin Connect	
		Close [X]
	connect	
	Healthy 365	

Log in to your Garmin Connect<sup>™</sup> account to allow the Healthy 365 app to

### **Polar Flow**

Polar Flow	
POLAR. FLOW	

### Log in to your Polar Flow account.

Select your preferred

### Samsung Health

7:30	are 🗢 🔳 🤅
Samsung Heal	th
On	
0	

Allow the Healthy 365 app to access your fitness data on the Samsung Health mobile app.



By connecting with Healthy 365, you agree to share information from your Garmin Connect account to enhance your experience with Healthy 365. This may include activities, location, heart rate and related metrics, calories burned and other health or personal data.

Do you agree to share information from your Garmin Connect account with Healthy 3657 You can opt out and disconnect from Healthy 365 at any time in your Garmin Connect settings.

Healthy 365 Privacy Policy	
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armin Account Sign-In	
Email	
Password (Eorgot?)	

access your fitness data on the Garmin Connect<sup>™</sup> Mobile app. Sign in

rou forgotten your password? your Polar account to access Flow!

nt ads. You can allow or decline the use of o king on the buttons. Learn more about cooki

Cookie preferences

Polar tracker to allow the Healthy 365 app to access your fitness data on the Polar Flow mobile app.



Allow this app to read and write Samsung Health data. Samsung isn't responsible for third-party services that we share data with.

Allowed to read

The third-party service may access the following Samsung Health data. The service may store and use the data while you're using the service.

Daily step count trend

DONE

CANCEL

Step count



For enquiries, please call 1800 567 2020 or email us at stepschallenge@hpb.gov.sg stepschallenge.gov.sg | #moveit150 | #my10ktoday Championing: Let's Beat Diabetes