



Our Little Talks!

PARENT TIP: Take the first step towards strengthening family ties by having meaningful conversations and spending quality time with the whole family. This will help you to understand each other's thoughts, needs and wants.

ACTIVITY

Use these cards to start conversations and get to know your family.

1. Cut out the individual cards and place them in a deck.
2. Take turns to draw a card from the deck and answer the questions.
3. You can guide your child along by answering the questions first.





My favourite time of the day is... because?

What made you happy today?

Which 3 words best describe you? Why?

When you hear or see something that doesn't make you feel good, what do you do about it?

List 3 things you are thankful for today.

What makes you special?

What do you love most about your family?

What do you wish you had more time for?

What was hard for you today?

Describe someone in the family using 3 words.

What made you sad this week?

What would you like us to do more of as a family?

Name 3 people you would go to if you needed help. Why?

What makes our family special?

Who do you look up to the most? Why?



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