you've 9 🌾 t this!



**FOLLOW YOUR** 

## **DOCTOR'S ADVICE**

When feeling unwell, wear a mask and follow your doctor's advice. Connect the dots and draw the doctor.

PARENT TIP: Gently remind your child of the need to rest at home when unwell, drink water, use tissue when sneezing or coughing, and to wash their hands regularly with soap and water for 20 seconds.

