

# DO-IT-YOURSELF PLAYDOH

Making home-made playdough with your toddler is so much fun. It's also easy to do!

Dough playing allows sensory seeking children to squish, squash, pound and gloop the playdough. One can create shapes, alphabets and even numbers using the stretchy dough, leading to hours of activity fun.

## Ingredients

1 Cup Flour

1/3 Cup Salt

1/3-1/2 Cup Water

2-3 Drops Food Coloring

3-5 Drops Liquid Detergent

or Vegetable Oil

## Instructions

1. Mix the flour and salt in a large bowl.
2. In a separate bowl, mix all the liquid ingredients.
3. Next, slowly add the liquid mixture to the dry mixture and then knead them both together.
4. Add more water by teaspoon if necessary for a proper consistency.
5. Store the playdough in an air tight container in the refrigerator.

Have fun!

