

FREE Programme for
Children 6 to 12 Years Old
& their Parents



HPB - ActiveSG Active Family Programme



MORE INFO

Check out
www.healthhub.sg/programmes/109/active-family

HOW TO REGISTER

Sign up on the link below:
goo.gl/3q3cca

FOR ENQUIRIES

Email to hpbevents@team-axis.com
or call 9384 3328

	Please arrive at least 10 minutes before session start						Please arrive at least 10 minutes before session start								
	S1	S2	S3	S4	S5		S6	S7	S8	S9	S10	S11	S12	S13	S14
	NORTH	EAST		CENTRAL			EAST	NORTH	SOUTH	EAST	WEST	EAST			NORTH
	Sembawang Park End of Sembawang. Area near toilet, close to carpark A	Punggol Town Square Behind Waterway Point mall	Our Tampines Hub Arena@OTH, near South Plaza	Singapore Sports Hub National Stadium, 100Plus Promenade^	United Square Level 1, Outdoor Plaza (opposite Wee Nam Kee Chicken Rice)		Sengkang Blk 273E Compassvale Link	Yio Chu Kang Sports Centre Tennis Court	Mapletree Business City Basketball Court	Pasir Ris Sports Centre Foyer	West Coast Park Carpark 3, main podium behind open field	Punggol Park Park's Community Corner (Walking distance from Park's Café)	Punggol Town Square Behind Waterway Point mall	Bedok Reservoir Park Beside Park's Café (WAWAWA)	Choa Chu Kang Park Amphitheatre, near Park's Restaurant
Sunday	8:30am - 9:30am		9am - 10am		4:30pm - 5:30pm	Saturday	9am -10am			1pm - 2pm	5.30pm - 6.30pm				
1 Jul	Inline Skating	Nerf Gun	*no session	Soccer	Mini-Olympics	7 Jul	Kids Baseball	ActiveSG Tennis Academy	Nerf Gun	ActiveSG Basketball Academy	Tag Rugby	Inline Skating	*no session	Nerf Gun	Archery Shoot-Out *4-5pm
8 Jul	Inline Skating	*no session	*no session	Tchoukball	Archery Shoot-Out	14 Jul	Kids Baseball		Nerf Gun		Tag Rugby	Inline Skating	Kinball	Nerf Gun	Archery Shoot-Out
15 Jul	Mini-Olympics	Inline Skating	*no session	Tchoukball	Archery Shoot-Out	21 Jul	Nerf Gun		Kids Baseball		Inline Skating	Nerf Gun	Kids Baseball	Frisbee	Floorball
22 Jul	Tag Rugby	Inline Skating	Nerf Gun	Kinball	Kids Baseball	28 Jul	Nerf Gun		Kids Baseball		Inline Skating	Nerf Gun	Kids Baseball	Frisbee	Floorball
29 Jul	Kite Making	Mini-Olympics	Nerf Gun	Kinball	Kids Baseball										

^Kindly refer to our website for the updated list of activity and location