

A woman with dark hair is sleeping peacefully in a bed. She is wearing a white tank top and is covered up to her chest with white bedding. Her eyes are closed, and she has a slight smile on her face. She is lying on her side, with her hands resting on her chest. The bed has a grey pillow and white linens. The lighting is soft and warm, suggesting a comfortable and restful environment.

睡眠与糖尿病